



Les Foulées du Port

samedi 25 septembre 2004 - CAEN



001173

CAEN ATHLETIC CLUB

Résultats individuels : 10 Km Route

10km

| Place | Nom prénom (Nat) | Perf. | Cat /né(e) | Ligue / Dép | Equipe | Licence | Pl/cat | km/h | Doss |
|-------|--------------------------|--------|-------------|-------------|--------------------------------|---------|--------|------|------|
| 1 | MAREGU Joseph (Ken) | 28'34" | SEM / 77 | | | | 1 | 21,0 | 14 |
| 2 | MANZA KAMAKYA Nickolas | 28'37" | ESM / 85 | | | | 1 | 21,0 | 11 |
| 3 | KIMAIYO Paul (Ken) | 29'21" | SEM / 80 | | | | 2 | 20,4 | 10 |
| 4 | ONGERI Josephat (Ken) | 29'21" | SEM / 79 | | | | 3 | 20,4 | 15 |
| 5 | EL GHAZOUANI Mohamed | 29'39" | qi SEM / 71 | H-N / 076 | Havre Ac | 622693 | 4 | 20,2 | 12 |
| 6 | JAOUEN Fabrice | 30'03" | qi SEM / 75 | BRE / 035 | Haute Bretagne Athletisme * | 810268 | 5 | 20,0 | 5 |
| 7 | SIROTINE Evgueni (Ukr) | 30'34" | qi SEM / 69 | BRE / 035 | | 258803 | 6 | 19,6 | 7 |
| 8 | GLADICHEF Andrei (Ukr) | 30'38" | SEM / 70 | BRE / 035 | | | 7 | 19,6 | 8 |
| 9 | LETELLIER Loic | 30'41" | qi SEM / 76 | B-N / 014 | U.s.o Mondeville | 937324 | 8 | 19,6 | 1 |
| 10 | MESBAH Abdelghani (Mar) | 30'49" | qi SEM / 69 | I-F / 095 | Aa Pays De France Athle 95* | 703732 | 9 | 19,5 | 3 |
| 11 | MEHIR Abdelmajid (Mar) | 31'01" | qi SEM / 69 | B-N / 050 | As Tourlaville | 586669 | 10 | 19,3 | 2 |
| 12 | RENOUARD Alain | 31'04" | qi SEM / 71 | B-N / 014 | U.s.o Mondeville | 460233 | 11 | 19,3 | 35 |
| 13 | EL GHAZOUANI Jamal | 31'07" | qi ESM / 83 | H-N / 076 | Havre Ac | 232635 | 2 | 19,3 | 838 |
| 14 | PROUX Siegfried | 31'09" | qi SEM / 76 | B-N / 050 | Granville Ac | 829710 | 12 | 19,3 | 25 |
| 15 | POREE Eric | 31'12" | qi SEM / 69 | B-N / 050 | Athle Sud Manche Mont St | 390943 | 13 | 19,2 | 19 |
| 16 | LEGOUT Jeremy | 31'22" | qi SEM / 80 | B-N / 061 | Fiers-conde Sur Noireau Athle* | 457507 | 14 | 19,1 | 18 |
| 17 | BUSIENI Joshua (Ken) | 31'42" | SEM / 76 | | | | 15 | 18,9 | 16 |
| 18 | GRAVAN Jean Michel | 31'44" | SEM / 69 | | | T206857 | 16 | 18,9 | 100 |
| 19 | STAIKU Laurentiu | 31'47" | qi SEM / 70 | B-N / 050 | Aco Sourdeval | 567369 | 17 | 18,9 | 13 |
| 20 | CHOMAUD Fabrice | 31'52" | qi SEM / 72 | BRE / 035 | Haute Bretagne Athletisme * | 390704 | 18 | 18,8 | 6 |
| 21 | DECEROIT Arnaud | 32'02" | qi SEM / 78 | B-N / 050 | Aco Sourdeval | 300235 | 19 | 18,7 | 33 |
| 22 | LEBRETON Stephane | 32'03" | qi SEM / 73 | B-N / 050 | Granville Ac | 874082 | 20 | 18,7 | 23 |
| 23 | LEBRETON Nicolas | 32'05" | qi SEM / 76 | B-N / 050 | Granville Ac | 362251 | 21 | 18,7 | 24 |
| 24 | BESNARD Jean-michel | 32'06" | qi V1M / 63 | H-N / 076 | Havre Ac | 113787 | 1 | 18,7 | 34 |
| 25 | LEBRETON Vincent | 32'08" | qi SEM / 72 | B-N / 050 | Granville Ac | 435565 | 22 | 18,7 | 22 |
| 26 | BEROT Thierry | 32'11" | qi V1M / 65 | B-N / 050 | Ea Cherbourg Querqueville | 612742 | 2 | 18,6 | 811 |
| 27 | LOUP Philippe | 32'13" | qi V1M / 62 | B-N / 050 | Athle Sud Manche Mont St | 242479 | 3 | 18,6 | 27 |
| 28 | OMNES Alain | 32'13" | qi V1M / 60 | H-N / 076 | Havre Ac | 869673 | 4 | 18,6 | 28 |
| 29 | AKHZAM Fatah | 32'24" | qi SEM / 77 | H-N / 027 | Val-de-reuil Ac Vaudreuil | 887200 | 23 | 18,5 | 744 |
| 30 | BIZET Ivan | 32'27" | qi SEM / 80 | B-N / 014 | Caen Athletic Club | 898177 | 24 | 18,5 | 20 |
| 31 | LECUIR Fabien | 32'35" | ESM / 83 | B-N / 050 | Stade Saint-lo | 383309 | 3 | 18,4 | 684 |
| 32 | BUHOURT Jean-pierre | 32'43" | qi SEM / 68 | B-N / 014 | Stade Athletique Bayeusain | 208818 | 25 | 18,3 | 26 |
| 33 | MADELAINE Christophe | 32'46" | qi SEM / 73 | B-N / 014 | Usm Vire | 555273 | 26 | 18,3 | 880 |
| 34 | RIVARD Frederic | 32'51" | qi SEM / 73 | B-N / 014 | U.s.o Mondeville | 927722 | 27 | 18,3 | 552 |
| 35 | HANNOT Stephane | 33'01" | qi SEM / 71 | BRE / 035 | Haute Bretagne Athletisme * | 370929 | 28 | 18,2 | 4 |
| 36 | PACEY Sylvain | 33'03" | qi SEM / 70 | B-N / 050 | Aco Sourdeval | 257538 | 29 | 18,2 | 696 |
| 37 | DENEF Sebastien | 33'10" | qi SEM / 74 | B-N / 014 | Sc Herouville Athletisme | 275872 | 30 | 18,1 | 441 |
| 38 | LOISEL Michel | 33'12" | qi V1M / 57 | B-N / 050 | Aco Sourdeval | 498453 | 5 | 18,1 | 29 |
| 39 | CHAUSSET Claude | 33'15" | qi SEM / 66 | B-N / 014 | Caen Athletic Club | 491595 | 31 | 18,0 | 738 |
| 40 | KHLININE Alexandre (Ukr) | 33'18" | qi V1M / 56 | BRE / 035 | Haute Bretagne Athletisme * | 205062 | 6 | 18,0 | 9 |
| 41 | NOURRY Sebastien | 33'19" | qi SEM / 78 | B-N / 050 | Granville Ac | 229709 | 32 | 18,0 | 21 |
| 42 | BOURDET Patrick | 33'23" | qi V1M / 62 | B-N / 050 | As Tourlaville | 422800 | 7 | 18,0 | 59 |
| 43 | LE BOULANGER Christophe | 33'24" | SEM / 71 | | | | 33 | 18,0 | 289 |
| 44 | ZIAA Yassim | 33'34" | SEM / 66 | | | | 34 | 17,9 | 593 |
| 45 | CARLIN Patrick | 33'50" | qi V1M / 62 | B-N / 061 | Bayard Argentan | 257597 | 8 | 17,7 | 31 |
| 46 | VOISIN David | 33'52" | ESM / 84 | | Pompier Touques | | 4 | 17,7 | 792 |
| 47 | D'ENDICE Laurent | 33'53" | qi SEM / 72 | B-N / 014 | U.s.o Mondeville | 209987 | 35 | 17,7 | 554 |
| 48 | RICHARD Samuel | 33'55" | SEM / 77 | | | | 36 | 17,7 | 403 |
| 49 | LAISNE Vincent | 33'58" | qi SEM / 79 | B-N / 050 | Ea Cherbourg Querqueville | 749040 | 37 | 17,7 | 795 |
| 50 | LEBLAIS Sylvain | 33'59" | qi SEM / 72 | B-N / 014 | Ca Lisieux | 563385 | 38 | 17,7 | 94 |
| 51 | LEBAS Bertrand | 34'05" | qi JUM / 86 | H-N / 076 | Havre Ac | 572796 | 1 | 17,6 | 753 |
| 52 | HAMEL Yoann | 34'06" | SEM / 78 | | Pompier Sourdeval | 717820 | 39 | 17,6 | 819 |
| 53 | BARTHELEMY Pierre-yves | 34'09" | SEM / 69 | H-N / 076 | Havre Ac | 552669 | 40 | 17,6 | 839 |
| 54 | HAMEL Charles | 34'18" | qi V1M / 55 | B-N / 050 | Ea Cherbourg Querqueville | 770943 | 9 | 17,5 | 227 |

| | | | | | | | | | | |
|-----|----------------------|--------|----|----------|-----------|----------------------------|---------|----|------|------|
| 55 | LOISEL Jules | 34'22" | qi | JUM / 86 | B-N / 050 | Aco Sourdeval | 118851 | 2 | 17,5 | 825 |
| 56 | LECOINTRE Emmanuel | 34'25" | | SEM / 75 | B-N / 014 | Sc Herouville Athletisme | 801148 | 41 | 17,4 | 228 |
| 57 | DANET Franck | 34'27" | qi | V1M / 61 | B-N / 014 | Usm Vire | 913233 | 10 | 17,4 | 881 |
| 58 | LETONNELIER Pascal | 34'29" | | SEM / 70 | | | | 42 | 17,4 | 166 |
| 59 | OMWENGA Nancy (Ken) | 34'39" | | SEF / 77 | | | | 1 | 17,3 | 39 |
| 60 | LEFEVRE Maurice | 34'40" | qi | V1M / 59 | B-N / 014 | Caen Athletic Club | 791930 | 11 | 17,3 | 1021 |
| 61 | LECOUTEY Nicolas | 34'42" | | SEM / 78 | | Pompier Couvrechef | | 43 | 17,3 | 776 |
| 62 | FALAISE Denis | 34'45" | qi | V1M / 64 | B-N / 014 | Cl Colombelles | 340158 | 12 | 17,3 | 32 |
| 63 | PEIGNEY Florent | 34'47" | | SEM / 70 | B-N / 050 | Ea Cherbourg Querqueville | 678017 | 44 | 17,2 | 796 |
| 64 | TAOUJI Omar | 34'48" | qi | V1M / 57 | B-N / 014 | U.s.o Mondeville | 602638 | 13 | 17,2 | 1013 |
| 65 | TIHONOVA Elena (Rus) | 34'49" | | SEF / 77 | | | | 2 | 17,2 | 41 |
| 66 | OLLIVIER Francois | 34'59" | | SEM / 78 | | | | 45 | 17,2 | 454 |
| 67 | BOURGET Christophe | 35'00" | | SEM / 72 | B-N / 050 | Ea Cherbourg Querqueville | 557177 | 46 | 17,1 | 794 |
| 68 | BARS Yannick | 35'03" | | ESM / 85 | B-N / 014 | Caen Athletic Club | 989824 | 5 | 17,1 | 670 |
| 69 | RIHOUEY Marc | 35'04" | qi | V1M / 58 | B-N / 050 | As Tourlaville | 312931 | 14 | 17,1 | 181 |
| 70 | LEVOY Guillaume | 35'08" | | ESM / 84 | B-N / 050 | Granville Ac | 516087 | 6 | 17,1 | 824 |
| 71 | LEMIERE Domonique | 35'13" | | SEM / 67 | B-N / 061 | Bayard Argentan | 668048 | 47 | 17,0 | 1040 |
| 72 | HAMEL Stephane | 35'13" | | SEM / 80 | B-N / 050 | Aco Sourdeval | 829685 | 48 | 17,0 | 817 |
| 73 | HAVEL Wilfried | 35'13" | | SEM / 72 | B-N / 014 | Stade Athletique Bayeusain | 406865 | 49 | 17,0 | 853 |
| 74 | HAMEL Gerard | 35'16" | qi | V1M / 57 | B-N / 050 | Aco Sourdeval | 257521 | 15 | 17,0 | 818 |
| 75 | OUAZIZ Seloua (Mar) | 35'28" | qi | SEF / 74 | H-N / 027 | Val-de-reuil Ac Vaudreuil | 213875 | 3 | 16,9 | 40 |
| 76 | BELLANGER Romuald | 35'33" | | SEM / 79 | B-N / 014 | Stade Athletique Bayeusain | 228402 | 50 | 16,9 | 851 |
| 77 | AISSAT Benoit | 35'35" | | SEM / 70 | B-N / 014 | Caen Athletic Club | 464556 | 51 | 16,9 | 72 |
| 78 | VOISIN Gregory | 35'42" | | SEM / 81 | B-N / 050 | La Valognaise Athletisme | 374372 | 52 | 16,8 | 859 |
| 79 | SALIOU Michel | 35'46" | | V2M / 51 | | | T204944 | 1 | 16,8 | 453 |
| 80 | PASCUTI David | 35'51" | | SEM / 79 | | Aco Sourdeval | | 53 | 16,7 | 826 |
| 81 | AUDOUARD Christian | 35'55" | qi | V1M / 62 | B-N / 014 | Psa Peugeot Cac Cormelles | 604508 | 16 | 16,7 | 918 |
| 82 | COLIN Julien | 35'55" | | SEM / 78 | B-N / 014 | Caen Athletic Club | 178565 | 54 | 16,7 | 737 |
| 83 | SEVENNEC Yann | 35'56" | | SEM / 73 | | | | 55 | 16,7 | 973 |
| 84 | AUZOU Lionel | 35'56" | | V1M / 59 | | Cap Conde | | 17 | 16,7 | 463 |
| 85 | LETISSIER Theophile | 35'57" | | SEM / 70 | | | | 56 | 16,7 | 666 |
| 86 | GARNIER Francis | 35'58" | | SEM / 75 | | | | 57 | 16,7 | 871 |
| 87 | LAIGNEL Gregory | 35'59" | | SEM / 76 | | | | 58 | 16,7 | 452 |
| 88 | BORDERIE Thomas | 36'00" | | SEM / 80 | | | | 59 | 16,7 | 972 |
| 89 | BOUQUET Rodolphe | 36'01" | | SEM / 74 | B-N / 050 | As Tourlaville | 121136 | 60 | 16,7 | 468 |
| 90 | ROGUE David | 36'05" | | SEM / 72 | | | | 61 | 16,6 | 440 |
| 91 | PORC Julien | 36'10" | | V2M / 50 | | | | 2 | 16,6 | 495 |
| 92 | PONTAIS Olivier | 36'16" | | SEM / 69 | B-N / 014 | Caen Athletic Club | 668664 | 62 | 16,5 | 630 |
| 93 | HINAULT Patrick | 36'18" | | SEM / 66 | B-N / 050 | As Tourlaville | 639731 | 63 | 16,5 | 483 |
| 94 | ALIBERT Marc | 36'21" | qi | V1M / 61 | B-N / 014 | Cl Colombelles | 210014 | 18 | 16,5 | 538 |
| 95 | OUTREQUIN Samuel | 36'21" | | SEM / 71 | | | | 64 | 16,5 | 695 |
| 96 | LECLERC Corinne | 36'23" | qi | SEF / 67 | B-N / 050 | As Tourlaville | 202963 | 4 | 16,5 | 44 |
| 97 | LETELLIER Noel | 36'23" | qi | V1M / 57 | B-N / 014 | Usm Vire | 344637 | 19 | 16,5 | 882 |
| 98 | MARUT Antony | 36'27" | | SEM / 70 | | | T203796 | 65 | 16,5 | 375 |
| 99 | LEMONNIER Franck | 36'27" | | SEM / 68 | B-N / 014 | Ca Lisieux | 497898 | 66 | 16,5 | 85 |
| 100 | DESTIGNY Francois | 36'30" | | V1M / 65 | | | | 20 | 16,4 | 950 |
| 101 | ZANELLO Fabrice | 36'33" | qi | V2M / 55 | B-N / 014 | Caen Athletic Club | 485553 | 3 | 16,4 | 672 |
| 102 | JOUVIN Jimmy | 36'33" | | ESM / 83 | B-N / 014 | | 405508 | 7 | 16,4 | 1085 |
| 103 | CRUCHON Philippe | 36'36" | | V1M / 64 | | | | 21 | 16,4 | 951 |
| 104 | DUGUEPEROUX Franck | 36'36" | | SEM / 67 | B-N / 050 | Ac Avranches | 146193 | 67 | 16,4 | 178 |
| 105 | JEHAN Hubert | 36'38" | qi | V1M / 61 | B-N / 050 | Aco Sourdeval | 315826 | 22 | 16,4 | 827 |
| 106 | LE GALLO Maryse | 36'43" | qi | V1F / 60 | BRE / 022 | Le Penthièvre A.* | 254211 | 1 | 16,3 | 38 |
| 107 | LEFEVRE Sebastien | 36'43" | | ESM / 84 | | | | 8 | 16,3 | 953 |
| 108 | LEBOUTEILLER Yann | 36'45" | | SEM / 82 | | C.F.A.I. | | 68 | 16,3 | 748 |
| 109 | SEMELAGNE Jean-luc | 36'47" | | SEM / 73 | B-N / 014 | Sc Herouville Athletisme | 205546 | 69 | 16,3 | 522 |
| 110 | TESSON Sebastien | 36'47" | | SEM / 74 | H-N / 076 | Havre Ac | 527877 | 70 | 16,3 | 1011 |
| 111 | POGAN Serge | 36'48" | | V1M / 60 | | U.s.o Mondeville | | 23 | 16,3 | 559 |
| 112 | RICHERT Vincent | 36'49" | | SEM / 81 | | | | 71 | 16,3 | 646 |
| 113 | DESVEAUX Alain | 36'51" | qi | V1M / 62 | B-N / 014 | Cl Colombelles | 212645 | 24 | 16,3 | 757 |
| 114 | JOURDAIN Emmanuel | 36'51" | | SEM / 65 | B-N / 014 | Al Aunay-villers | 475235 | 72 | 16,3 | 230 |
| 115 | ANNE Franck | 36'53" | | V1M / 64 | | Pompier lfs | | 25 | 16,3 | 785 |
| 116 | PASTUREL Sebastien | 36'53" | | SEM / 73 | | | | 73 | 16,3 | 131 |
| 117 | TAILEB Farid | 36'56" | | V1M / 64 | | A.S.C.H.U.Caen | | 26 | 16,2 | 725 |
| 118 | FERNAGUT Guillaume | 36'56" | | SEM / 66 | B-N / 014 | Ca Lisieux | 506745 | 74 | 16,2 | 1051 |
| 119 | GAHERY Damien | 36'56" | | SEM / 71 | | | | 75 | 16,2 | 82 |
| 120 | CHERAL Sophie | 36'57" | qi | V1F / 63 | H-N / 076 | Asptt Rouen | 512671 | 2 | 16,2 | 37 |

| | | | | | | | | | |
|-----|------------------------|--------|-------------|-----------|--------------------------------|---------|-----|------|------|
| 121 | SURVILLE Nicolas | 36'58" | SEM / 79 | | Pompier Ifs | | 76 | 16,2 | 786 |
| 122 | TERNISIEN Karl | 36'58" | SEM / 72 | | Pompier Ifs | | 77 | 16,2 | 783 |
| 123 | NOWAKOWSKI Stephane | 37'03" | SEM / 74 | | | | 78 | 16,2 | 873 |
| 124 | LAISSOUB Emmanuel | 37'05" | SEM / 80 | B-N / 014 | U.s.o Mondeville | 128611 | 79 | 16,2 | 1014 |
| 125 | MATTEI Jean-louis | 37'10" | SEM / 65 | | | | 80 | 16,1 | 121 |
| 126 | CAPDEPON Daniel | 37'15" | SEM / 68 | | | | 81 | 16,1 | 540 |
| 127 | LETHEULE Didier | 37'18" | V1M / 64 | B-N / 014 | Running Club Cote De Nacre | | 27 | 16,1 | 938 |
| 128 | LESAGE Henri | 37'18" | V1M / 61 | | Cap Conde | | 28 | 16,1 | 465 |
| 129 | LAVILLE Dominique | 37'18" | V1M / 59 | | Conseil Régional B-N | 931812 | 29 | 16,1 | 112 |
| 130 | LEGUILLON Philippe | 37'22" | V1M / 65 | | Pompier Sourdeval | 163880 | 30 | 16,1 | 828 |
| 131 | LEGUILLON Jean-claude | 37'23" | V1M / 62 | B-N / 050 | Aco Sourdeval | 995838 | 31 | 16,0 | 823 |
| 132 | HERON Daniel | 37'26" | V1M / 63 | | | | 32 | 16,0 | 205 |
| 133 | MOTIR Bertrand | 37'26" | SEM / 71 | B-N / 014 | Running Club Cote De Nacre | 581410 | 82 | 16,0 | 234 |
| 134 | BAZIRE Jerome | 37'27" | SEM / 74 | | | | 83 | 16,0 | 520 |
| 135 | FEUILLET Stephane | 37'29" | SEM / 71 | | Benoit-Girard | | 84 | 16,0 | 984 |
| 136 | FRANCOISE Sebastien | 37'30" | SEM / 70 | | Ciment Calcia | | 85 | 16,0 | 326 |
| 137 | LAIR Cedric | 37'30" | JUM / 86 | B-N / 050 | Aco Sourdeval | 473845 | 3 | 16,0 | 820 |
| 138 | DESCHAMPS Didier | 37'32" | V1M / 57 | | | | 33 | 16,0 | 164 |
| 139 | ROBBES Didier | 37'38" | V1M / 61 | B-N / 014 | U.s.o Mondeville | 567695 | 34 | 15,9 | 562 |
| 140 | MACHADO Manuel | 37'39" | V1M / 62 | B-N / 061 | Flers-conde Sur Noireau Athle* | 158889 | 35 | 15,9 | 983 |
| 141 | LEPAS Denis | 37'39" | V2M / 55 | | | | 4 | 15,9 | 869 |
| 142 | ROUSSET Franck | 37'41" | SEM / 68 | | | T202715 | 86 | 15,9 | 421 |
| 143 | LE BOULANGER Alain | 37'42" | SEM / 71 | | | | 87 | 15,9 | 216 |
| 144 | LANDEMAINE Jacques | 37'43" | qi V2M / 51 | B-N / 014 | Cl Colombelles | 313428 | 5 | 15,9 | 702 |
| 145 | HOMMET Nicolas | 37'44" | ESM / 84 | B-N / 050 | Granville Ac | 113478 | 9 | 15,9 | 224 |
| 146 | CHRETIEN Jean Marc | 37'46" | SEM / 78 | | | T203228 | 88 | 15,9 | 1031 |
| 147 | OSMONT Stephane | 37'47" | SEM / 65 | B-N / 050 | As Tourlaville | 539232 | 89 | 15,9 | 232 |
| 148 | VALOGNES Didier | 37'47" | SEM / 68 | | | | 90 | 15,9 | 281 |
| 149 | LEROY Philippe | 37'54" | V1M / 59 | | Caisse D'epargne B-N | | 36 | 15,8 | 661 |
| 150 | RAMEAUX Gilles | 37'55" | V1M / 62 | | | | 37 | 15,8 | 118 |
| 151 | GUY Eric | 37'55" | V1M / 58 | | Conseil Régional B-N | | 38 | 15,8 | 111 |
| 152 | LEPRINCE Christophe | 37'56" | SEM / 71 | B-N / 014 | Sc Herouville Athletisme | 457859 | 91 | 15,8 | 223 |
| 153 | BREUILLY Michel | 37'57" | V1M / 58 | B-N / 014 | Sc Herouville Athletisme | 141815 | 39 | 15,8 | 225 |
| 154 | DELAPLACE Nicolas | 37'57" | SEM / 81 | | | | 92 | 15,8 | 301 |
| 155 | LERAITRE Eric | 37'59" | SEM / 77 | | Pompier Canada | | 93 | 15,8 | 799 |
| 156 | SAVINA Christophe | 37'59" | SEM / 74 | | Philips Caen | | 94 | 15,8 | 995 |
| 157 | QUITTET Pierre-charles | 38'01" | ESM / 84 | | | | 10 | 15,8 | 55 |
| 158 | LEMONNIER Laurent | 38'02" | SEM / 68 | | | | 95 | 15,8 | 217 |
| 159 | GOUGEON Jean-pierre | 38'04" | SEM / 68 | | | | 96 | 15,8 | 564 |
| 160 | HEURTAULT Marina | 38'06" | qi SEF / 78 | BRE / 035 | Haute Bretagne Athletisme * | 866054 | 5 | 15,7 | 50 |
| 161 | QUEUDEVILLE Dominique | 38'09" | V1M / 63 | B-N / 014 | Lc Bretteville Sur Odon | 431882 | 40 | 15,7 | 252 |
| 162 | AUDRA Frederic | 38'10" | SEM / 68 | | MUTI | | 97 | 15,7 | 597 |
| 163 | GUENUE Jerome | 38'12" | SEM / 76 | | | | 98 | 15,7 | 288 |
| 164 | PIQUEMOT David | 38'13" | SEM / 72 | | | | 99 | 15,7 | 1006 |
| 165 | LEROYER Sylvain | 38'14" | V1M / 65 | | | | 41 | 15,7 | 708 |
| 166 | NOEL Marie | 38'14" | SEF / 80 | | | | 6 | 15,7 | 125 |
| 167 | DUCY Jean-pierre | 38'15" | V1M / 64 | | | | 42 | 15,7 | 363 |
| 168 | VREL Christophe | 38'15" | SEM / 72 | | Conseil Régional B-N | | 100 | 15,7 | 117 |
| 169 | PONSEEL Pierre | 38'17" | V1M / 60 | | Pompier Touques | | 43 | 15,7 | 791 |
| 170 | FOURREAU Pascal | 38'17" | V1M / 62 | | TOKEIM | | 44 | 15,7 | 1038 |
| 171 | JOSEPH Franck | 38'18" | SEM / 70 | | | | 101 | 15,7 | 138 |
| 172 | GANCEL Jacques | 38'18" | V1M / 62 | | | | 45 | 15,7 | 167 |
| 173 | LEBLAY Regis | 38'20" | V1M / 59 | B-N / 050 | Aco Sourdeval | 404798 | 46 | 15,7 | 822 |
| 174 | EDDE Richard | 38'24" | SEM / 69 | | | | 102 | 15,6 | 187 |
| 175 | MARTIN Eric | 38'25" | SEM / 73 | | Ciment Calcia | | 103 | 15,6 | 324 |
| 176 | MONEL Mickael | 38'25" | SEM / 74 | | | | 104 | 15,6 | 415 |
| 177 | LAJOIE Frederic | 38'26" | SEM / 67 | | | | 105 | 15,6 | 174 |
| 178 | POINTU Pierre | 38'27" | qi V2M / 46 | B-N / 014 | Cl Colombelles | 208834 | 6 | 15,6 | 688 |
| 179 | BASTIER Benoit | 38'28" | SEM / 69 | B-N / 014 | Riva Courir | | 106 | 15,6 | 1012 |
| 180 | LEMARINEL Simon | 38'29" | JUM / 86 | B-N / 014 | Caen Athletic Club | 217465 | 4 | 15,6 | 669 |
| 181 | LERMAT Michel | 38'30" | SEM / 77 | | Pompier Bayeux | T205877 | 107 | 15,6 | 770 |
| 182 | COLLET Christophe | 38'32" | SEM / 66 | B-N / 014 | Stade Athletique Bayeusain | 362890 | 108 | 15,6 | 860 |
| 183 | LEMETAYER Alexis | 38'32" | V1M / 61 | B-N / 014 | Cl Colombelles | 113529 | 47 | 15,6 | 396 |
| 184 | LEROUX Christophe | 38'34" | SEM / 80 | | Pompier Canada | | 109 | 15,6 | 800 |
| 185 | DEVAUX Christian | 38'36" | V1M / 65 | | MUTI | | 48 | 15,5 | 639 |
| 186 | VANZEYSEELE Pascal | 38'37" | V1M / 60 | | | | 49 | 15,5 | 1032 |

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|-----|------------------------|--------|-------------|-----------|--------------------------------|---------|-----|------|------|
| 187 | CRUCHON Claude | 38'39" | V1M / 57 | | Pompier Ifs | | 50 | 15,5 | 784 |
| 188 | LETHIMONNIER Ferdinand | 38'41" | V3M / 41 | B-N / 014 | | | 1 | 15,5 | 928 |
| 189 | SERRES Emmanuel | 38'46" | SEM / 74 | | | | 110 | 15,5 | 451 |
| 190 | BOUCHER Bruno | 38'47" | V1M / 61 | | EFS Normandie | | 51 | 15,5 | 900 |
| 191 | RAULINE Jean Paul | 38'49" | SEM / 80 | | | | 111 | 15,5 | 1074 |
| 192 | ROUTY Joel | 38'50" | V1M / 61 | | Pompier Molay-Littry | | 52 | 15,5 | 790 |
| 193 | CHAPARNAUD Pierre | 38'51" | V1M / 63 | | | | 53 | 15,4 | 512 |
| 194 | HUET Gilles | 38'56" | V1M / 59 | B-N / 014 | Psa Peugeot Cac Cormelles | 420120 | 54 | 15,4 | 923 |
| 195 | BARBIER Philippe | 38'57" | V1M / 60 | B-N / 014 | Usm Vire | 503888 | 55 | 15,4 | 883 |
| 196 | DE NEF Fabrice | 38'57" | SEM / 71 | B-N / 014 | Association Sportive Renault T | 490857 | 112 | 15,4 | 96 |
| 197 | FORET Sylvain | 38'58" | ESM / 84 | | C.F.A.I. | | 11 | 15,4 | 758 |
| 198 | ROUSSEL Christelle | 38'59" | qi SEF / 75 | B-N / 014 | Caen Athletic Club | 103365 | 7 | 15,4 | 45 |
| 199 | HERAULT Mickael | 39'00" | ESM / 83 | | Pompier Bayeux | | 12 | 15,4 | 807 |
| 200 | BARBEY Emmanuel | 39'02" | SEM / 71 | B-N / 014 | Sc Herouville Athletisme | 592312 | 113 | 15,4 | 238 |
| 201 | PERRIN Bruno | 39'05" | V1M / 65 | | A.S.C.H.U.Caen | | 56 | 15,4 | 718 |
| 202 | LAMOLE Claire | 39'05" | qi SEF / 72 | B-N / 014 | Caen Athletic Club | 360591 | 8 | 15,4 | 47 |
| 203 | MEUNIER Didier | 39'07" | V1M / 64 | | | | 57 | 15,3 | 211 |
| 204 | LEROUX Jean-jacques | 39'07" | V1M / 56 | H-N / 076 | Havre Ac | 487940 | 58 | 15,3 | 745 |
| 205 | LAURENT Pierre | 39'09" | V1M / 56 | B-N / 014 | U.s.o Mondeville | 718288 | 59 | 15,3 | 560 |
| 206 | DECAEN Gilles | 39'11" | V1M / 65 | | MUTI | | 60 | 15,3 | 633 |
| 207 | HEUDRON Pascal | 39'12" | V1M / 65 | | Courir A Mathieu | | 61 | 15,3 | 572 |
| 208 | AUBERT Herve | 39'14" | V1M / 60 | | | | 62 | 15,3 | 1072 |
| 209 | FOUBERT Jean-michel | 39'16" | V1M / 57 | B-N / 014 | Cl Colombelles | 413346 | 63 | 15,3 | 119 |
| 210 | CLIN Jean-louis | 39'17" | V1M / 64 | | | | 64 | 15,3 | 408 |
| 211 | FLAUST Pascal | 39'19" | V1M / 60 | | MUTI | | 65 | 15,3 | 615 |
| 212 | BORDERIE Christophe | 39'20" | SEM / 75 | | | | 114 | 15,3 | 1042 |
| 213 | GALLAND Julien | 39'22" | SEM / 79 | | | | 115 | 15,2 | 1008 |
| 214 | DEROBERT Sebastien | 39'25" | SEM / 74 | B-N / 014 | Caen Athletic Club | 478514 | 116 | 15,2 | 446 |
| 215 | LECHEVALLIER Franck | 39'26" | SEM / 78 | B-N / 014 | Psa Peugeot Cac Cormelles | | 117 | 15,2 | 909 |
| 216 | LE ROI Jacky | 39'27" | V1M / 56 | | Cap Conde | | 66 | 15,2 | 467 |
| 217 | BLANCHEMAIN Jean-max | 39'28" | V1M / 57 | B-N / 014 | Lc Bretteville Sur Odon | 903334 | 67 | 15,2 | 255 |
| 218 | BRIAND Daniel | 39'30" | SEM / 68 | | EFS Normandie | 431211 | 118 | 15,2 | 893 |
| 219 | OLIVIER Jean-luc | 39'31" | V1M / 60 | B-N / 050 | Ac Avranches | 110675 | 68 | 15,2 | 511 |
| 220 | GUERIN Regis | 39'32" | V2M / 54 | | | | 7 | 15,2 | 273 |
| 221 | LANGLOIS Marc | 39'33" | SEM / 66 | | | | 119 | 15,2 | 161 |
| 222 | RETOU Anne-gaelle | 39'34" | qi SEF / 80 | B-N / 014 | Caen Athletic Club | 718236 | 9 | 15,2 | 668 |
| 223 | HERBLAND Didier | 39'37" | qi V2M / 54 | B-N / 014 | Caen Athletic Club | 280581 | 8 | 15,1 | 667 |
| 224 | EUPHEMIE Benoit | 39'40" | SEM / 76 | | Pompier Couvrechef | | 120 | 15,1 | 781 |
| 225 | COLLTOU Cyril | 39'41" | SEM / 80 | | | | 121 | 15,1 | 536 |
| 226 | OLIVIER Jean-jacques | 39'42" | V1M / 60 | B-N / 050 | Ac Avranches | 118858 | 69 | 15,1 | 978 |
| 227 | FRUIT Pierre | 39'42" | ESM / 82 | | | | 13 | 15,1 | 123 |
| 228 | LECONTE Vincent | 39'42" | SEM / 77 | | Pompier Sourdeval | | 122 | 15,1 | 513 |
| 229 | DESRAME Fabrice | 39'43" | V1M / 58 | | MUTI | | 70 | 15,1 | 651 |
| 230 | LECANU Bertrand | 39'45" | SEM / 72 | | | | 123 | 15,1 | 836 |
| 231 | MADELAINE Daniel | 39'45" | V2M / 53 | | | | 9 | 15,1 | 707 |
| 232 | BERNARD Denis | 39'46" | V1M / 63 | | | | 71 | 15,1 | 508 |
| 233 | LEVASSEUR Olivier | 39'48" | V1M / 62 | | | T120478 | 72 | 15,1 | 940 |
| 234 | CALLOUET Herve | 39'49" | SEM / 65 | | | | 124 | 15,1 | 338 |
| 235 | DENIAUX Constant | 39'50" | SEM / 75 | | | | 125 | 15,1 | 327 |
| 236 | PRIOU Florent | 39'50" | SEM / 68 | | | | 126 | 15,1 | 328 |
| 237 | BESNARD Virginie | 39'51" | qi SEF / 74 | B-N / 014 | Caen Athletic Club | 851219 | 10 | 15,1 | 46 |
| 238 | ROGER Florent | 39'51" | V1M / 64 | B-N / 014 | Lc Bretteville Sur Odon | 112813 | 73 | 15,1 | 269 |
| 239 | PEDINI Denis | 39'51" | V1M / 58 | B-N / 014 | U.s.o Mondeville | 515038 | 74 | 15,1 | 557 |
| 240 | COSTEY Pascal | 39'52" | SEM / 74 | | | | 127 | 15,1 | 237 |
| 241 | VOLARD Jean Francois | 39'52" | SEM / 65 | | | T205183 | 128 | 15,1 | 81 |
| 242 | LAMBERT Johanna | 39'53" | qi CAF / 88 | B-N / 050 | Aco Sourdeval | 356384 | 1 | 15,0 | 814 |
| 243 | LEMARCHAND Jean-michel | 39'53" | V1M / 63 | B-N / 014 | Sc Herouville Athletisme | 389690 | 75 | 15,0 | 300 |
| 244 | OELKERS Suzanne | 39'54" | qi V1F / 61 | B-N / 014 | Psa Peugeot Cac Cormelles | 665864 | 3 | 15,0 | 912 |
| 245 | CHOURREAU Stephane | 39'55" | V1M / 60 | | | | 76 | 15,0 | 249 |
| 246 | GILLERON Frederic | 39'56" | SEM / 67 | | | | 129 | 15,0 | 455 |
| 247 | DUCY Emmanuel | 39'58" | SEM / 72 | | | | 130 | 15,0 | 366 |
| 248 | GIANNOTAS Pascale | 39'59" | SEF / 73 | | | | 11 | 15,0 | 382 |
| 249 | ROCHER Luc | 39'59" | qi V2M / 51 | B-N / 014 | Lc Bretteville Sur Odon | 539116 | 10 | 15,0 | 261 |
| 250 | DAPOGNY Claude | 40'00" | V2M / 55 | | | | 11 | 15,0 | 842 |
| 251 | HAMEL Jocelyne | 40'01" | qi V1F / 58 | B-N / 050 | Aco Sourdeval | 257522 | 4 | 15,0 | 812 |
| 252 | MEICHE Laurent | 40'01" | V1M / 62 | | | T208697 | 77 | 15,0 | 437 |

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|-----|-----------------------|--------|-------------|-----------|-------------------------------|---------|-----|------|------|
| 253 | FAYOL Patrice | 40'02" | V1M / 61 | | Philips Caen | | 78 | 15,0 | 988 |
| 254 | LE BUFFE Denis | 40'02" | SEM / 66 | | | | 131 | 15,0 | 206 |
| 255 | DECAEN Marie-agnes | 40'03" | V1F / 64 | | MUTI | | 5 | 15,0 | 632 |
| 256 | HAMEL Dolores | 40'03" | qi SEF / 79 | | | 771189 | 12 | 15,0 | 813 |
| 257 | MARIE Joelle | 40'04" | qi V1F / 57 | B-N / 014 | Sc Herouville Athletisme | 400807 | 6 | 15,0 | 48 |
| 258 | SAMSON Nadege | 40'09" | qi SEF / 72 | B-N / 014 | Stade Athletique Bayeusain | 551931 | 13 | 14,9 | 36 |
| 259 | DESVEAUX Sylvain | 40'10" | JUM / 86 | | C.F.A.I. | | 5 | 14,9 | 752 |
| 260 | MARIETTE Gerard | 40'11" | V2M / 46 | B-N / 014 | Lc Bretteville Sur Odon | 244535 | 12 | 14,9 | 268 |
| 261 | GUYAMARD Cedric | 40'11" | SEM / 76 | | | | 132 | 14,9 | 488 |
| 262 | DEGOULET Philippe | 40'14" | V2M / 54 | B-N / 014 | Stade Athletique Bayeusain | 185091 | 13 | 14,9 | 1080 |
| 263 | LEROUX Vincent | 40'14" | V1M / 65 | | | | 79 | 14,9 | 484 |
| 264 | BRAULT Gilbert | 40'15" | SEM / 68 | | | | 133 | 14,9 | 475 |
| 265 | DESALEUX Philippe | 40'17" | SEM / 65 | | | | 134 | 14,9 | 344 |
| 266 | FLEURY Christian | 40'17" | V2M / 55 | B-N / 050 | Ba Coutances | 708992 | 14 | 14,9 | 480 |
| 267 | MATINEZ Michel | 40'18" | SEM / 69 | | | | 135 | 14,9 | 292 |
| 268 | LOISEL Jacques | 40'19" | V2M / 53 | B-N / 014 | Lc Bretteville Sur Odon | 506026 | 15 | 14,9 | 256 |
| 269 | VIVET Maurice | 40'22" | V2M / 54 | | MUTI | | 16 | 14,9 | 625 |
| 270 | NICOLAS Thierry | 40'23" | SEM / 66 | B-N / 014 | Psa Peugeot Cac Cormelles | 133622 | 136 | 14,9 | 698 |
| 271 | PARRY Stephane | 40'25" | V1M / 65 | B-N / 014 | Running Club Cote De Nacre | 189801 | 80 | 14,8 | 470 |
| 272 | HOLLEY Vincent | 40'27" | SEM / 76 | B-N / 014 | Al Aunay-villers | 110419 | 137 | 14,8 | 231 |
| 273 | NIVAUX Frederic | 40'28" | SEM / 65 | | | | 138 | 14,8 | 360 |
| 274 | MONEL Yannick | 40'29" | SEM / 74 | | | | 139 | 14,8 | 416 |
| 275 | BERTEAU Anthony | 40'32" | SEM / 70 | | STEN | | 140 | 14,8 | 845 |
| 276 | LUCAS Christophe | 40'33" | V1M / 64 | | Pompier Canada | | 81 | 14,8 | 774 |
| 277 | BERNARD Jean-pierre | 40'35" | V1M / 61 | | | | 82 | 14,8 | 471 |
| 278 | MAINNEMARE Dany | 40'35" | V2M / 54 | H-N / 076 | Asptt Rouen | 556774 | 17 | 14,8 | 533 |
| 279 | ANDRE Jean-michel | 40'37" | V2M / 48 | LAN / 066 | Asu Perpignan * | 121475 | 18 | 14,8 | 699 |
| 280 | MERCERON Philippe | 40'39" | SEM / 67 | | | | 141 | 14,8 | 464 |
| 281 | MARIE Jean-pierre | 40'40" | V1M / 58 | | MUTI | | 83 | 14,8 | 587 |
| 282 | LEGIONNET Christopher | 40'42" | SEM / 82 | | Pompier Couvrechef | | 142 | 14,7 | 778 |
| 283 | LEBARBIER Sebastien | 40'43" | SEM / 76 | | MUTI | | 143 | 14,7 | 645 |
| 284 | LAIR Florian | 40'43" | JUM / 87 | B-N / 050 | Aco Sourdeval | 539681 | 6 | 14,7 | 821 |
| 285 | PHILIPPOT Gerard | 40'44" | V1M / 59 | | MUTI | | 84 | 14,7 | 598 |
| 286 | SELLE Eric | 40'44" | SEM / 75 | | Conseil Général Calvados | | 144 | 14,7 | 192 |
| 287 | GROULT Emmanuel | 40'45" | SEM / 77 | | Pompier Canada | | 145 | 14,7 | 1037 |
| 288 | BOUQUET Guillaume | 40'46" | SEM / 67 | | Pompier Ifs | | 146 | 14,7 | 788 |
| 289 | SENECHAL Patrick | 40'50" | V1M / 64 | | | | 85 | 14,7 | 780 |
| 290 | COUTELLE David | 40'52" | SEM / 78 | | A.S.C.H.U.Caen | | 147 | 14,7 | 721 |
| 291 | MATTER Eric | 40'53" | SEM / 66 | | MUTI | | 148 | 14,7 | 601 |
| 292 | JAMES Regis | 40'54" | SEM / 66 | | | | 149 | 14,7 | 133 |
| 293 | LEBEURIER Christian | 40'55" | V1M / 59 | | | | 86 | 14,7 | 1022 |
| 294 | GRANGER Philippe | 40'58" | SEM / 72 | | | | 150 | 14,6 | 427 |
| 295 | DAUVIN Didier | 41'00" | V1M / 58 | B-N / 050 | Ac Avranches | 110670 | 87 | 14,6 | 182 |
| 296 | VERON Guy | 41'03" | qi V3M / 40 | B-N / 014 | Lc Bretteville Sur Odon | 920263 | 2 | 14,6 | 257 |
| 297 | LEROY Frederic | 41'04" | SEM / 73 | | | | 151 | 14,6 | 999 |
| 298 | GUETTIER Philippe | 41'05" | V1M / 57 | | A.S.C.H.U.Caen | | 88 | 14,6 | 526 |
| 299 | LANGOISSEUR Joel | 41'06" | V1M / 59 | | | | 89 | 14,6 | 997 |
| 300 | ALLAIN Bruno | 41'07" | V2M / 53 | | MUTI | T150023 | 19 | 14,6 | 647 |
| 301 | PROCOPIOU Paul | 41'09" | SEM / 76 | | | | 152 | 14,6 | 153 |
| 302 | TONUS Benjamin | 41'13" | V2M / 53 | B-N / 050 | C. D'athletisme Conde-torigni | 111312 | 20 | 14,6 | 279 |
| 303 | VENARD Veronique | 41'17" | SEF / 73 | | | | 14 | 14,5 | 837 |
| 304 | KUNZI Pierre | 41'18" | V1M / 60 | B-N / 014 | Riva Courir | 211469 | 90 | 14,5 | 848 |
| 305 | NOUVEL Vincent | 41'20" | SEM / 68 | | | | 153 | 14,5 | 339 |
| 306 | GABRIEL Franck | 41'22" | SEM / 66 | | | | 154 | 14,5 | 450 |
| 307 | LEMONNYER Eric | 41'22" | V1M / 56 | | | | 91 | 14,5 | 132 |
| 308 | SCELLES Nicolas | 41'24" | SEM / 71 | | | | 155 | 14,5 | 97 |
| 309 | THOMASSE Bernard | 41'24" | V2M / 54 | | Onyx Caen | | 21 | 14,5 | 509 |
| 310 | ANNE Herve | 41'27" | SEM / 67 | | | | 156 | 14,5 | 89 |
| 311 | LOISEL Jean-marie | 41'28" | V2M / 49 | | A.S.P.T.T.CAEN | | 22 | 14,5 | 682 |
| 312 | HELBERT Benjamin | 41'29" | SEM / 72 | | | | 157 | 14,5 | 874 |
| 313 | LECOMTE Dominique | 41'29" | SEM / 69 | | | | 158 | 14,5 | 428 |
| 314 | LEPRINCE Phillippe | 41'31" | SEM / 69 | | | | 159 | 14,5 | 553 |
| 315 | BINET David | 41'32" | SEM / 69 | | | | 160 | 14,4 | 957 |
| 316 | DANIEL Olivier | 41'35" | SEM / 74 | | | | 161 | 14,4 | 1016 |
| 317 | COOL Jean-paul (Bel) | 41'36" | CAM / 88 | | | | 1 | 14,4 | 1084 |
| 318 | JAROSZ Alexis | 41'37" | SEM / 82 | | Pompier Canada | | 162 | 14,4 | 808 |

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|-----|------------------------|--------|-------------|--------------------------------------|---------|--|-----|------|------|
| 319 | LEGOFF Benoit | 41'38" | SEM / 68 | | | | 163 | 14,4 | 1003 |
| 320 | BOUVILLE Bruno | 41'38" | V1M / 61 | Onyx Caen | | | 92 | 14,4 | 714 |
| 321 | LERAT Philippe | 41'39" | V2M / 54 | | | | 23 | 14,4 | 1023 |
| 322 | BAZIN Jean-baptiste | 41'40" | SEM / 81 | Pompier Canada | | | 164 | 14,4 | 773 |
| 323 | LECLERC Gaëla | 41'42" | qi SEF / 76 | B-N / 014 Ca Lisieux | 481416 | | 15 | 14,4 | 95 |
| 324 | LENOEL Eric | 41'43" | SEM / 65 | | | | 165 | 14,4 | 367 |
| 325 | BOUSQUET Lucien | 41'43" | V1M / 65 | MUTI | | | 93 | 14,4 | 591 |
| 326 | PICOT Marcel | 41'44" | V2M / 48 | B-N / 014 Lc Bretteville Sur Odon | 488379 | | 24 | 14,4 | 254 |
| 327 | PEREZ Olivier | 41'47" | SEM / 71 | | | | 166 | 14,4 | 1039 |
| 328 | REGNIER Philippe | 41'48" | V2M / 55 | | | | 25 | 14,4 | 967 |
| 329 | DUCLOS Jacques | 41'48" | V1M / 63 | | | | 94 | 14,4 | 1007 |
| 330 | ANQUETIL Gilles | 41'50" | V2M / 52 | Courir A Mathieu | | | 26 | 14,3 | 570 |
| 331 | COUBRAY Thierry | 41'52" | V1M / 63 | | | | 95 | 14,3 | 444 |
| 332 | ROCHAIS Christophe | 41'53" | SEM / 78 | | | | 167 | 14,3 | 170 |
| 333 | USTER Damien | 41'54" | ESM / 85 | EFS Normandie | | | 14 | 14,3 | 904 |
| 334 | PELCOT Denis | 41'55" | V1M / 61 | MUTI | | | 96 | 14,3 | 592 |
| 335 | HOULLIER Francis | 41'56" | V2M / 54 | A.S.C.H.U.Caen | | | 27 | 14,3 | 719 |
| 336 | GUERIN Alexandra | 41'57" | qi SEF / 78 | B-N / 014 Stade Athletique Bayeusain | 704481 | | 16 | 14,3 | 857 |
| 337 | DUVAL Nicolas | 41'58" | SEM / 75 | | | | 168 | 14,3 | 88 |
| 338 | BOISSET Christophe | 41'58" | SEM / 66 | | T208774 | | 169 | 14,3 | 980 |
| 339 | MURCY Romain | 41'59" | CAM / 88 | B-N / 014 Sc Herouville Athletisme | 478872 | | 2 | 14,3 | 221 |
| 340 | THOUROUDE Stephane | 42'02" | V1M / 65 | | | | 97 | 14,3 | 498 |
| 341 | EDDE Thierry | 42'04" | SEM / 69 | | | | 170 | 14,3 | 70 |
| 342 | MESNIL William | 42'07" | V1M / 64 | B-N / 014 Stade Athletique Bayeusain | 939318 | | 98 | 14,2 | 244 |
| 343 | GUITTARD Philippe | 42'07" | SEM / 72 | | | | 171 | 14,2 | 61 |
| 344 | LECOUTURIER Olivier | 42'08" | SEM / 68 | | | | 172 | 14,2 | 494 |
| 345 | BRIONNE Sebastien | 42'09" | SEM / 72 | Pompier Canada | | | 173 | 14,2 | 775 |
| 346 | BROTIN Christian | 42'11" | V1M / 57 | | T207539 | | 99 | 14,2 | 1069 |
| 347 | BERARD Sebastien | 42'11" | SEM / 73 | MUTI | | | 174 | 14,2 | 603 |
| 348 | GROLHIER Jacques | 42'14" | V2M / 51 | | | | 28 | 14,2 | 337 |
| 349 | FAROUDJA Gerard | 42'15" | V2M / 49 | EDF-GDF | T120468 | | 29 | 14,2 | 545 |
| 350 | LECHEVALLIER Mickael | 42'16" | SEM / 79 | B-N / 014 Usm Vire | 167934 | | 175 | 14,2 | 878 |
| 351 | DIGONNET Bertrand | 42'17" | SEM / 68 | B-N / 014 Sc Herouville Athletisme | 439781 | | 176 | 14,2 | 459 |
| 352 | DJEFFAL Moktar | 42'18" | SEM / 74 | | | | 177 | 14,2 | 208 |
| 353 | PASSEDOT Jacky | 42'22" | V1M / 60 | | | | 100 | 14,2 | 535 |
| 354 | TROULLARD Patrick | 42'25" | V1M / 56 | | | | 101 | 14,1 | 175 |
| 355 | VALOGNES Pascal | 42'26" | V2M / 51 | Philips Caen | | | 30 | 14,1 | 996 |
| 356 | CROENNE Sylvain | 42'27" | V1M / 65 | | | | 102 | 14,1 | 694 |
| 357 | MARIE Pascal | 42'27" | V1M / 65 | | | | 103 | 14,1 | 864 |
| 358 | FAUVEL Pascal | 42'29" | V1M / 58 | | T207023 | | 104 | 14,1 | 130 |
| 359 | LOQUE Emmanuel | 42'34" | SEM / 71 | | | | 178 | 14,1 | 275 |
| 360 | FIEVET Frederic | 42'35" | SEM / 71 | | | | 179 | 14,1 | 1034 |
| 361 | JULIEN Jacques | 42'35" | V2M / 55 | B-N / 014 Psa Peugeot Cac Cormelles | 665828 | | 31 | 14,1 | 921 |
| 362 | SIMON Marcel | 42'37" | V1M / 60 | MUTI | 121579 | | 105 | 14,1 | 588 |
| 363 | LECORDIER Pascal | 42'37" | V1M / 60 | A.S.P.T.T.CAEN | | | 106 | 14,1 | 678 |
| 364 | LENOIR Benoit | 42'38" | V1M / 64 | | | | 107 | 14,1 | 515 |
| 365 | BRETONNET Herve | 42'38" | V2M / 53 | C.F.A.I. | | | 32 | 14,1 | 751 |
| 366 | FRERET Pascal | 42'40" | SEM / 65 | | | | 180 | 14,1 | 350 |
| 367 | HELBERT Jean | 42'41" | V1M / 59 | B-N / 014 Ca Lisieux | 550536 | | 108 | 14,1 | 685 |
| 368 | LEMARCHAND Daniel | 42'42" | V1M / 59 | B-N / 014 Psa Peugeot Cac Cormelles | | | 109 | 14,1 | 907 |
| 369 | LEPRETTRE Franck | 42'43" | SEM / 71 | Twisto | | | 181 | 14,0 | 946 |
| 370 | CHESNEL Joseph | 42'44" | V3M / 42 | | | | 3 | 14,0 | 489 |
| 371 | DUBOSQ Jean-claude | 42'46" | V2M / 50 | B-N / 014 Lc Bretteville Sur Odon | 998317 | | 33 | 14,0 | 253 |
| 372 | VOLAT Eric | 42'47" | V1M / 63 | | T207235 | | 110 | 14,0 | 150 |
| 373 | AMELINE Laurent | 42'49" | V1M / 61 | B-N / 014 Lc Bretteville Sur Odon | 505533 | | 111 | 14,0 | 266 |
| 374 | EARNSHAN Malcolm (Gbr) | 42'50" | SEM / 72 | | | | 182 | 14,0 | 120 |
| 375 | CLAUS Philippe | 42'50" | V1M / 65 | | | | 112 | 14,0 | 524 |
| 376 | POULLAVEC Jean Luc | 42'51" | V2M / 55 | | | | 34 | 14,0 | 1063 |
| 377 | AISSAT Bertrand | 42'52" | SEM / 72 | | T205245 | | 183 | 14,0 | 307 |
| 378 | SALLOT Eric | 42'52" | V1M / 62 | Twisto | | | 113 | 14,0 | 942 |
| 379 | GIRARD Philippe | 42'54" | V1M / 60 | B-N / 014 Psa Peugeot Cac Cormelles | 301222 | | 114 | 14,0 | 925 |
| 380 | CACITTI Jean-paul | 42'55" | V3M / 42 | | T207634 | | 4 | 14,0 | 179 |
| 381 | ROSALIE Francois | 42'56" | SEM / 68 | | | | 184 | 14,0 | 833 |
| 382 | GOUET Jerome | 42'57" | SEM / 74 | Caisse D'epargne B-N | | | 185 | 14,0 | 659 |
| 383 | DAI Alain | 42'58" | V2M / 53 | | | | 35 | 14,0 | 297 |
| 384 | KUNTZ Philippe | 42'59" | V1M / 60 | B-N / 014 Lc Bretteville Sur Odon | 392542 | | 115 | 14,0 | 258 |

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|-----|--------------------------|--------|-------------|-----------|--------------------------------|---------|-----|------|------|
| 385 | RICHEZ Frederic | 43'00" | SEM / 76 | | | | 186 | 14,0 | 377 |
| 386 | GARNIER Ambroise | 43'00" | JUM / 85 | | | | 7 | 14,0 | 312 |
| 387 | MURCY Alix | 43'01" | V1M / 55 | B-N / 014 | Sc Herouville Athletisme | 262094 | 116 | 13,9 | 222 |
| 388 | ROGNANT Erwan | 43'02" | SEM / 79 | | | | 187 | 13,9 | 746 |
| 389 | SOUL Roland | 43'02" | V1M / 61 | | | | 117 | 13,9 | 355 |
| 390 | FOSSARD Brice | 43'02" | V1M / 65 | | | | 118 | 13,9 | 567 |
| 391 | BOIVIN Antoine | 43'06" | V1M / 63 | | | | 119 | 13,9 | 434 |
| 392 | LAURENT Daniele | 43'07" | qi V1F / 59 | B-N / 014 | U.s.o Mondeville | 709048 | 7 | 13,9 | 561 |
| 393 | GALLIER Joel | 43'08" | V2M / 50 | | MUTI | | 36 | 13,9 | 609 |
| 394 | COLLET Thierry | 43'12" | V1M / 62 | | | | 120 | 13,9 | 530 |
| 395 | JEAN Arnaud | 43'12" | V1M / 56 | | | | 121 | 13,9 | 1041 |
| 396 | BRANELLEC Pierre Etienne | 43'13" | qi V3M / 43 | B-N / 014 | Caen Athletic Club | 503840 | 5 | 13,9 | 180 |
| 397 | NOGUES Pascal | 43'15" | V1M / 60 | | Ciment Calcia | | 122 | 13,9 | 325 |
| 398 | POUCHARD Alain | 43'15" | V2M / 50 | B-N / 014 | Psa Peugeot Cac Cormelles | | 37 | 13,9 | 917 |
| 399 | MORIN Francois Michel | 43'16" | SEM / 74 | | | | 188 | 13,9 | 1070 |
| 400 | JAMES Jean-christophe | 43'17" | V1M / 65 | | Philips Caen | | 123 | 13,9 | 989 |
| 401 | BUNEL Eric | 43'18" | V1M / 61 | | ASN Banque Populaire | | 124 | 13,9 | 890 |
| 402 | GERARD Jean-pierre | 43'19" | SEM / 67 | B-N / 014 | Lc Bretteville Sur Odon | 171952 | 189 | 13,9 | 251 |
| 403 | SCHWARTZMANN | 43'19" | V1M / 61 | | A.S.P.T.T.CAEN | | 125 | 13,9 | 676 |
| 404 | ÀLEXANDRE Thierry | 43'23" | V1M / 65 | | MUTI | | 126 | 13,8 | 596 |
| 405 | QUENTAL Max | 43'24" | V1M / 59 | | | | 127 | 13,8 | 499 |
| 406 | CHAUVIN Arnaud | 43'25" | SEM / 81 | | | | 190 | 13,8 | 690 |
| 407 | DELAUNAY Yann | 43'25" | SEM / 72 | | | T207142 | 191 | 13,8 | 293 |
| 408 | CHOLET Arnel | 43'26" | V2M / 54 | | Twisto | | 38 | 13,8 | 948 |
| 409 | LEBLANC Patrick | 43'27" | V1M / 59 | | A.S.P.T.T.CAEN | | 128 | 13,8 | 677 |
| 410 | LECHAT Damien | 43'27" | SEM / 78 | | | | 192 | 13,8 | 1044 |
| 411 | GAUBERT Olivier | 43'28" | V1M / 61 | | MUTI | | 129 | 13,8 | 608 |
| 412 | GUILLAUME Jean-pierre | 43'28" | V2M / 49 | | RT Pole Peinture | | 39 | 13,8 | 201 |
| 413 | TROPRES Jean-francois | 43'29" | V1M / 59 | | | | 130 | 13,8 | 505 |
| 414 | THIPHAIGNE Thomas | 43'30" | SEM / 76 | | Twisto | | 193 | 13,8 | 947 |
| 415 | LEBEY Jean | 43'32" | V2M / 49 | | | | 40 | 13,8 | 756 |
| 416 | HOURQUET Jerome | 43'32" | SEM / 66 | | | | 194 | 13,8 | 389 |
| 417 | DESNOS Elvar | 43'34" | V2M / 51 | | | | 41 | 13,8 | 1077 |
| 418 | FURRER Jean-pierre | 43'34" | SEM / 65 | | | | 195 | 13,8 | 374 |
| 419 | FLORCHINGER Vincent | 43'35" | SEM / 67 | | MUTI | | 196 | 13,8 | 624 |
| 420 | LESERT Aurelien | 43'37" | SEM / 80 | | | | 197 | 13,8 | 481 |
| 421 | LECOUTEY Cedric | 43'38" | SEM / 76 | | | | 198 | 13,8 | 844 |
| 422 | BERNIER Dominique | 43'39" | V2M / 46 | | A.S.P.T.T.CAEN | | 42 | 13,7 | 680 |
| 423 | MARIE Christophe | 43'39" | V1M / 59 | | MUTI | | 131 | 13,7 | 602 |
| 424 | LECHARPENTIER Francois | 43'40" | JUM / 86 | | | | 8 | 13,7 | 595 |
| 425 | GEFFRAY Christian | 43'41" | V2M / 54 | H-N / 076 | Havre Ac | 228522 | 43 | 13,7 | 30 |
| 426 | TOUZE Lucien | 43'42" | V1M / 56 | | | | 132 | 13,7 | 152 |
| 427 | BARRAUX Thierry | 43'42" | V1M / 65 | | | | 133 | 13,7 | 686 |
| 428 | VALERY Cyril | 43'45" | SEM / 76 | B-N / 014 | Association Sportive Renault T | | 199 | 13,7 | 500 |
| 429 | KERBACHE Neguib | 43'46" | SEM / 66 | | | T203721 | 200 | 13,7 | 314 |
| 430 | CORNIER Pierre Yves | 43'47" | V1M / 64 | | | | 134 | 13,7 | 1026 |
| 431 | PRUD'HOMME Olivier | 43'49" | SEM / 70 | | | | 201 | 13,7 | 332 |
| 432 | GALLIER Rodolphe | 43'49" | SEM / 67 | | Amical De L'air | | 202 | 13,7 | 810 |
| 433 | PIROTAIS Franck | 43'51" | SEM / 67 | | Amical De L'air | | 203 | 13,7 | 362 |
| 434 | MELANIE Bruno | 43'52" | V1M / 63 | | | | 135 | 13,7 | 867 |
| 435 | GUILLOU Franck | 43'54" | SEM / 73 | | | | 204 | 13,7 | 386 |
| 436 | THOMAS Pascal | 43'54" | SEM / 66 | | | | 205 | 13,7 | 302 |
| 437 | LECLAVIER Beatrice | 43'56" | SEF / 66 | | | T207123 | 17 | 13,7 | 235 |
| 438 | LAURENT Yves | 43'57" | SEM / 74 | | MUTI | | 206 | 13,7 | 623 |
| 439 | BOSCHER Frederic | 43'57" | SEM / 77 | | | | 207 | 13,7 | 705 |
| 440 | GRIPON Alexandre | 43'57" | SEM / 82 | | Pompier Bayeux | | 208 | 13,7 | 740 |
| 441 | PETIPAS Stehane | 43'58" | SEM / 74 | | | | 209 | 13,6 | 528 |
| 442 | BUSNEL Daniel | 44'01" | V2M / 46 | | MUTI | T203906 | 44 | 13,6 | 586 |
| 443 | BUSNEL Gerard | 44'06" | SEM / 70 | | MUTI | | 210 | 13,6 | 580 |
| 444 | LANGLOIS Frederic | 44'06" | SEM / 67 | | | | 211 | 13,6 | 250 |
| 445 | DIVARET Laurent | 44'08" | V1M / 62 | B-N / 014 | Sc Herouville Athletisme | 147143 | 136 | 13,6 | 229 |
| 446 | BOUQUEREL Frederic | 44'09" | SEM / 74 | | ASN Banque Populaire | | 212 | 13,6 | 892 |
| 447 | DUCLOS David | 44'11" | SEM / 72 | | | | 213 | 13,6 | 351 |
| 448 | JAMES Catherine | 44'12" | V1F / 57 | | Association Running 14 | | 8 | 13,6 | 398 |
| 449 | LEPERON Christophe | 44'13" | SEM / 73 | | C.F.A.I. | | 214 | 13,6 | 763 |
| 450 | DUPONT Olivier | 44'14" | SEM / 66 | | | | 215 | 13,6 | 862 |

| | | | | | | | | | |
|-----|-------------------------|--------|-------------|-----------|----------------------------|---------|-----|------|------|
| 451 | KAROUATI Sami (Mar) | 44'14" | ESM / 85 | B-N / 014 | Caen Athletic Club | | 15 | 13,6 | 1005 |
| 452 | ELIE Dominique | 44'16" | SEM / 69 | | | | 216 | 13,6 | 329 |
| 453 | AMAT Herve | 44'16" | V1M / 59 | | | | 137 | 13,6 | 77 |
| 454 | JACQUET Sebastien | 44'18" | SEM / 70 | | | | 217 | 13,5 | 519 |
| 455 | COULMAIN Emmanuel | 44'19" | SEM / 69 | | | | 218 | 13,5 | 866 |
| 456 | HANCHIN Sonia | 44'19" | CAF / 88 | B-N / 014 | Sc Herouville Athletisme | 336474 | 2 | 13,5 | 952 |
| 457 | BROTHELANDE Jerome | 44'20" | SEM / 73 | | | | 219 | 13,5 | 124 |
| 458 | LEBREDONCHEL Jean-marie | 44'20" | V2M / 53 | | | | 45 | 13,5 | 86 |
| 459 | BERNACHE Frederic | 44'21" | SEM / 68 | | Douanes | | 220 | 13,5 | 846 |
| 460 | NIEL Herve | 44'22" | SEM / 73 | | | | 221 | 13,5 | 103 |
| 461 | OHLMAN Magali | 44'23" | SEF / 74 | B-N / 014 | U.s.o Mondeville | 164365 | 18 | 13,5 | 76 |
| 462 | RIET Morgan | 44'24" | SEM / 74 | B-N / 014 | Stade Athletique Bayeusain | 436701 | 222 | 13,5 | 852 |
| 463 | MILET Samuel | 44'24" | ESM / 83 | | | | 16 | 13,5 | 962 |
| 464 | SUPERA Luc | 44'26" | V2M / 53 | | | | 46 | 13,5 | 169 |
| 465 | CORTEQUISSE Guillaume | 44'28" | SEM / 79 | | | | 223 | 13,5 | 537 |
| 466 | HANCHIN Christian | 44'29" | V1M / 56 | B-N / 014 | Psa Peugeot Cac Cormelles | | 138 | 13,5 | 926 |
| 467 | KOVALSKI Frederic | 44'30" | SEM / 66 | | | | 224 | 13,5 | 242 |
| 468 | MAGESCAS Fabien | 44'33" | SEM / 72 | | | | 225 | 13,5 | 385 |
| 469 | ARRHIEN Cyrille | 44'34" | ESM / 84 | | C.F.A.I. | | 17 | 13,5 | 749 |
| 470 | BURON Pascal | 44'34" | V1M / 55 | | | T207537 | 139 | 13,5 | 346 |
| 471 | DE BLANCHARD Christian | 44'36" | V1M / 59 | | | | 140 | 13,5 | 534 |
| 472 | MEZAN Christophe | 44'37" | V2M / 51 | | MUTI | | 47 | 13,4 | 581 |
| 473 | KUTER Alain | 44'39" | V1M / 61 | | MUTI | | 141 | 13,4 | 637 |
| 474 | CASTEL Emmanuel | 44'41" | SEM / 70 | | | | 226 | 13,4 | 278 |
| 475 | MAZINGUE Didier | 44'41" | V2M / 52 | | A.S.P.T.T.CAEN | | 48 | 13,4 | 675 |
| 476 | DEGUETTE Didier | 44'43" | V1M / 55 | | | | 142 | 13,4 | 438 |
| 477 | LALOY Philippe | 44'45" | SEM / 70 | | A.S.C.H.U.Caen | | 227 | 13,4 | 1017 |
| 478 | POULAIN Sylvain | 44'46" | JUM / 87 | | | | 9 | 13,4 | 829 |
| 479 | CASEL Bruno | 44'48" | JUM / 85 | | | | 10 | 13,4 | 345 |
| 480 | DELAUNAY Jacky | 44'50" | V2M / 54 | B-N / 014 | Stade Athletique Bayeusain | 555828 | 49 | 13,4 | 861 |
| 481 | MOUHTAJY Rachid | 44'50" | V1M / 59 | B-N / 014 | Stade Athletique Bayeusain | 163856 | 143 | 13,4 | 855 |
| 482 | MAZELINE Mickael | 44'52" | SEM / 75 | | | | 228 | 13,4 | 969 |
| 483 | DUGUEPEROUX Sandrine | 44'52" | SEF / 70 | B-N / 050 | Ac Avranches | 146195 | 19 | 13,4 | 177 |
| 484 | MONTERISI Richard | 44'53" | V2M / 55 | | MUTI | | 50 | 13,4 | 635 |
| 485 | MONTEBAULT Francois | 44'53" | V1M / 56 | | | | 144 | 13,4 | 700 |
| 486 | DESRUES Jacky | 44'53" | V2M / 52 | B-N / 014 | Stade Athletique Bayeusain | 341445 | 51 | 13,4 | 850 |
| 487 | CORROT Philippe | 44'54" | SEM / 66 | | | | 229 | 13,4 | 1009 |
| 488 | BISSON Alain | 44'54" | V1M / 56 | | | | 145 | 13,4 | 67 |
| 489 | MORIN Jean Pierre | 44'55" | SEM / 68 | | | | 230 | 13,4 | 1071 |
| 490 | THUILLIER Cyril | 44'56" | SEM / 78 | | | | 231 | 13,4 | 62 |
| 491 | THOMASSE Phillippe | 44'59" | V2M / 55 | B-N / 014 | Psa Peugeot Cac Cormelles | | 52 | 13,3 | 910 |
| 492 | RIMBOT Philippe | 44'59" | V1M / 56 | B-N / 014 | Psa Peugeot Cac Cormelles | 502517 | 146 | 13,3 | 922 |
| 493 | LETOURNEAU Chantal | 45'00" | qi V1F / 59 | B-N / 061 | A3 Alencon | 257781 | 9 | 13,3 | 49 |
| 494 | MESNIL Thierry | 45'02" | V1M / 64 | | A.S.C.H.U.Caen | | 147 | 13,3 | 722 |
| 495 | DEPREZ Vincent | 45'02" | SEM / 71 | | MUTI | | 232 | 13,3 | 648 |
| 496 | MONIER Emmanuel | 45'02" | V2M / 54 | | | | 53 | 13,3 | 218 |
| 497 | DELAFOSSSE Yannick | 45'03" | V1M / 59 | | | T206484 | 148 | 13,3 | 491 |
| 498 | DERMOUCHERE Patrice | 45'04" | SEM / 69 | | | | 233 | 13,3 | 101 |
| 499 | LAFORGE Fabienne | 45'05" | SEF / 68 | | Conseil Régional B-N | 190620 | 20 | 13,3 | 548 |
| 500 | BOUROUISSI Abderrahmane | 45'06" | qi V3M / 45 | B-N / 014 | Stade Athletique Bayeusain | 133955 | 6 | 13,3 | 856 |
| 501 | ROBINE Jocelyn | 45'07" | SEM / 75 | | Pompier Canada | | 234 | 13,3 | 801 |
| 502 | BASLE Pascal | 45'08" | V1M / 64 | | MUTI | | 149 | 13,3 | 599 |
| 503 | LEPORTIER Thierry | 45'10" | V1M / 56 | B-N / 050 | La Valognaise Athletisme | 593294 | 150 | 13,3 | 226 |
| 504 | LEBRETON Robert | 45'13" | V2M / 50 | | | | 54 | 13,3 | 210 |
| 505 | SUZANNE Brigitte | 45'13" | V2F / 53 | | | | 1 | 13,3 | 212 |
| 506 | THIEULARD Loic | 45'14" | SEM / 73 | | | | 235 | 13,3 | 220 |
| 507 | THOUIN Stephane | 45'14" | V1M / 64 | | | | 151 | 13,3 | 490 |
| 508 | ORTUNO Albert | 45'16" | V2M / 53 | | LIBERTE | | 55 | 13,3 | 1054 |
| 509 | CACHARD Cyril | 45'17" | SEM / 79 | | | | 236 | 13,2 | 354 |
| 510 | LEROY Olivier | 45'19" | SEM / 74 | | | | 237 | 13,2 | 431 |
| 511 | JULIEN Thomas | 45'21" | ESM / 85 | | | | 18 | 13,2 | 456 |
| 512 | BIGOT Lionel | 45'22" | SEM / 66 | | | T204932 | 238 | 13,2 | 282 |
| 513 | URRUCHI-ILLANA Stephane | 45'23" | SEM / 71 | | Pompier Ifs | | 239 | 13,2 | 787 |
| 514 | GESTIN Laurent | 45'23" | SEM / 65 | | | | 240 | 13,2 | 383 |
| 515 | DEPARETERE Eddy | 45'25" | SEM / 69 | | Twisto | | 241 | 13,2 | 944 |
| 516 | DESCAMPS Daniel | 45'26" | V1M / 56 | | | | 152 | 13,2 | 122 |

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|-----|-----------------------|--------|-------------|-----------|-------------------------------|---------|-----|------|------|
| 517 | ALLIOT Herve | 45'27" | SEM / 66 | | Seropa | | 242 | 13,2 | 320 |
| 518 | GERMAIN Pascal | 45'28" | V1M / 59 | B-N / 014 | Riva Courir | 193746 | 153 | 13,2 | 333 |
| 519 | BOURDON Jerone | 45'30" | SEM / 74 | | Pompier Canada | | 243 | 13,2 | 797 |
| 520 | DUCY Sebastien | 45'34" | SEM / 73 | | | | 244 | 13,2 | 365 |
| 521 | SAFFON Pascal | 45'35" | V1M / 58 | | | | 154 | 13,2 | 392 |
| 522 | DELENNE Regis | 45'35" | SEM / 69 | | ASN Banque Populaire | | 245 | 13,2 | 886 |
| 523 | MARION Albert | 45'36" | V2M / 49 | | | T201856 | 56 | 13,2 | 872 |
| 524 | POGAM Anna | 45'37" | qi V1F / 62 | B-N / 014 | U.s.o Mondeville | 663953 | 10 | 13,2 | 558 |
| 525 | HAMEL Herve | 45'41" | SEM / 68 | | Pompier Bayeux | | 246 | 13,1 | 766 |
| 526 | PAIN Joel | 45'42" | V2M / 49 | | Philips Caen | | 57 | 13,1 | 992 |
| 527 | LE CORRE Gilles | 45'43" | V1M / 59 | | | | 155 | 13,1 | 317 |
| 528 | BEAUFILS Pierre | 45'44" | V1M / 57 | | Benoit-Girard | | 156 | 13,1 | 521 |
| 529 | DUPONT Etienne | 45'45" | V1M / 57 | | | | 157 | 13,1 | 335 |
| 530 | EVARD Gaetan | 45'49" | JUM / 86 | B-N / 014 | U.s.o Mondeville | 681683 | 11 | 13,1 | 1015 |
| 531 | BRICARD Julien | 45'51" | SEM / 82 | | EFS Normandie | | 247 | 13,1 | 894 |
| 532 | FONTAINE Dominique | 45'52" | SEM / 67 | | Conseil Régional B-N | | 248 | 13,1 | 109 |
| 533 | GUELLE Patrick | 45'53" | V1M / 56 | | Conseil Général Calvados | | 158 | 13,1 | 188 |
| 534 | BLAVETTE Pascal | 45'55" | SEM / 66 | B-N / 014 | Lc Bretteville Sur Odon | 982532 | 249 | 13,1 | 267 |
| 535 | PRODHOMME Francois | 45'55" | SEM / 67 | | | | 250 | 13,1 | 156 |
| 536 | BELLEE Philippe | 45'56" | V1M / 63 | | | | 159 | 13,1 | 347 |
| 537 | GOURAIN Laurent | 45'56" | V1M / 64 | | | | 160 | 13,1 | 406 |
| 538 | CARDET Christian | 45'58" | SEM / 66 | | | | 251 | 13,1 | 93 |
| 539 | MONFORT Philippe | 45'59" | V1M / 60 | B-N / 050 | C. D'athletisme Conde-torigni | 350638 | 161 | 13,0 | 239 |
| 540 | LE COUTOUR Jerome | 46'00" | V1M / 60 | | | | 162 | 13,0 | 65 |
| 541 | BERTHELOT Didier | 46'01" | V1M / 62 | | Elan de L'Odon | | 163 | 13,0 | 506 |
| 542 | MANGUIN Franck | 46'06" | V1M / 65 | | | | 164 | 13,0 | 1024 |
| 543 | FROGER Sylvain | 46'07" | V1M / 57 | | | | 165 | 13,0 | 378 |
| 544 | CATHERINE Christian | 46'07" | V2M / 53 | | STEN | | 58 | 13,0 | 931 |
| 545 | COCHINARD Guy | 46'09" | V1M / 61 | | | T207585 | 166 | 13,0 | 832 |
| 546 | SELMI Eric | 46'09" | V1M / 64 | | | | 167 | 13,0 | 457 |
| 547 | LANGEVIN Marc | 46'10" | V1M / 63 | | | | 168 | 13,0 | 935 |
| 548 | HASCOETT Thierry | 46'11" | V1M / 59 | B-N / 014 | Lc Bretteville Sur Odon | 574155 | 169 | 13,0 | 270 |
| 549 | LEGRAS Jean Marc | 46'12" | V3M / 45 | | | | 7 | 13,0 | 1068 |
| 550 | PONSEEL Laurence | 46'12" | SEF / 66 | | Douanes | | 21 | 13,0 | 847 |
| 551 | SALOU Cedrick | 46'14" | SEM / 76 | | | | 252 | 13,0 | 369 |
| 552 | KOSTRZEWA Eric | 46'14" | SEM / 70 | | | | 253 | 13,0 | 1001 |
| 553 | LECHARPENTIER Marc | 46'15" | SEM / 79 | | | | 254 | 13,0 | 311 |
| 554 | CORDON Loic | 46'16" | SEM / 71 | | Conseil Régional B-N | | 255 | 13,0 | 107 |
| 555 | TATTO Jean-christophe | 46'18" | SEM / 67 | | RT Pole Peinture | | 256 | 13,0 | 199 |
| 556 | JOSSET Yannick | 46'19" | SEM / 67 | | | | 257 | 13,0 | 331 |
| 557 | LOONES Arnaud | 46'20" | SEM / 70 | B-N / 014 | U.s.o Mondeville | 709312 | 258 | 12,9 | 556 |
| 558 | BRION Jean-paul | 46'21" | V1M / 62 | | | | 170 | 12,9 | 461 |
| 559 | LANDRY Bernard | 46'22" | V2M / 54 | | | | 59 | 12,9 | 78 |
| 560 | GIFFARD Sylvain | 46'23" | V1M / 58 | | MUTI | | 171 | 12,9 | 636 |
| 561 | CHERENGE Yves | 46'24" | V2M / 53 | | | | 60 | 12,9 | 607 |
| 562 | LEBEL Bruno | 46'25" | V1M / 59 | | | | 172 | 12,9 | 555 |
| 563 | COTTEBRUNE Jacques | 46'26" | V1M / 59 | | | | 173 | 12,9 | 405 |
| 564 | BRIEND Gerard | 46'27" | V2M / 54 | | | | 61 | 12,9 | 240 |
| 565 | CARRE David | 46'29" | SEM / 76 | | | | 259 | 12,9 | 531 |
| 566 | PRUNIER Luc | 46'29" | SEM / 67 | | | | 260 | 12,9 | 358 |
| 567 | DESPONTS Andre | 46'36" | SEM / 67 | | | | 261 | 12,9 | 629 |
| 568 | DUBOSQ Daniel | 46'37" | V3M / 45 | B-N / 014 | Ca Lisieux | 368290 | 8 | 12,9 | 1075 |
| 569 | FORTIN Raynald | 46'38" | V1M / 64 | | | | 174 | 12,9 | 674 |
| 570 | GUIVARCH Philippe | 46'39" | V1M / 61 | | | | 175 | 12,9 | 956 |
| 571 | LAFFONT Jean | 46'39" | SEM / 70 | | | | 262 | 12,9 | 741 |
| 572 | ZOZOR Philippe | 46'40" | SEM / 79 | | | | 263 | 12,9 | 305 |
| 573 | GUERNY Mickael | 46'41" | SEM / 75 | | Pompier Ifs | | 264 | 12,9 | 782 |
| 574 | LE BLOND Albert | 46'42" | V1M / 58 | B-N / 014 | Psa Peugeot Cac Cormelles | | 176 | 12,8 | 911 |
| 575 | LACOSTE Jean-philippe | 46'42" | V1M / 56 | | | | 177 | 12,8 | 285 |
| 576 | VASSOGNE Regis | 46'44" | V1M / 57 | | A.S.P.T.T.CAEN | | 178 | 12,8 | 683 |
| 577 | LEGORJUS Claude | 46'45" | V2M / 53 | | | | 62 | 12,8 | 493 |
| 578 | THUAULT Dominique | 46'47" | SEM / 66 | | | | 265 | 12,8 | 79 |
| 579 | HERMAN Frederic | 46'48" | SEM / 72 | | Pompier Canada | | 266 | 12,8 | 802 |
| 580 | MARIE Mickael | 46'50" | SEM / 77 | | Pompier Argences | | 267 | 12,8 | 804 |
| 581 | DELIGNY Bruno | 46'52" | V2M / 48 | | | | 63 | 12,8 | 565 |
| 582 | DAUVIN Regine | 46'53" | qi V1F / 61 | B-N / 050 | Ac Avranches | 149592 | 11 | 12,8 | 183 |

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|-----|----------------------|--------|----------|-----------|--------------------------------|---------|-----|------|------|
| 583 | LEFEVRE Herve | 46'54" | V1M / 63 | | | | 179 | 12,8 | 54 |
| 584 | PICOT Bruno | 46'55" | SEM / 67 | | | | 268 | 12,8 | 168 |
| 585 | GAMBINI Didier | 46'55" | V2M / 54 | | MUTI | | 64 | 12,8 | 627 |
| 586 | LEMIERE Patrick | 46'56" | V1M / 57 | | MUTI | | 180 | 12,8 | 631 |
| 587 | BEHUET Pascal | 46'56" | V1M / 60 | | | | 181 | 12,8 | 352 |
| 588 | MAYER Patrick | 46'57" | V2M / 51 | B-N / 014 | Psa Peugeot Cac Cormelles | | 65 | 12,8 | 913 |
| 589 | LEROY Sylvie | 46'57" | SEM / 73 | | | | 269 | 12,8 | 1029 |
| 590 | CLAVERY Stephane | 46'59" | V1M / 60 | | | | 182 | 12,8 | 1002 |
| 591 | DOSSMANN Francois | 47'00" | V1M / 56 | | Philips Caen | | 183 | 12,8 | 987 |
| 592 | LEMAHIEU Xavier | 47'00" | SEM / 68 | | Conseil Régional B-N | | 270 | 12,8 | 114 |
| 593 | THOMAS Daniel | 47'01" | V2M / 50 | | | | 66 | 12,8 | 173 |
| 594 | DENIS Francois | 47'01" | SEM / 67 | | | | 271 | 12,8 | 968 |
| 595 | SAGIT Christian | 47'02" | V2M / 51 | | Seropa | | 67 | 12,8 | 322 |
| 596 | TROUSSARD Xavier | 47'03" | V2M / 53 | | | | 68 | 12,8 | 479 |
| 597 | POULAIN Chantal | 47'03" | V1F / 61 | | | | 12 | 12,8 | 390 |
| 598 | BOUSSOL Henri | 47'05" | V2M / 52 | | MUTI | | 69 | 12,7 | 576 |
| 599 | GIQUEL Francois | 47'06" | V1M / 61 | | | | 184 | 12,7 | 998 |
| 600 | LECORNU Frederic | 47'08" | CAM / 87 | | | | 3 | 12,7 | 425 |
| 601 | LE BOULCH Yann | 47'08" | SEM / 79 | | C.F.A.I. | | 272 | 12,7 | 759 |
| 602 | GETIN Guillaume | 47'09" | SEM / 69 | | C.F.A.I. | | 273 | 12,7 | 760 |
| 603 | LE BOULCH Gael | 47'10" | SEM / 77 | | RT Pole Peinture | | 274 | 12,7 | 198 |
| 604 | CHARDRON Beatrice | 47'10" | SEF / 70 | B-N / 014 | Sc Herouville Athletisme | 137686 | 22 | 12,7 | 1027 |
| 605 | JEHANNIN Herve | 47'12" | V1M / 58 | B-N / 014 | Association Sportive Renault T | 429224 | 185 | 12,7 | 203 |
| 606 | CASTELIN Adrien | 47'12" | CAM / 87 | | | | 4 | 12,7 | 372 |
| 607 | LEROUX Dominique | 47'12" | V1M / 56 | B-N / 014 | Psa Peugeot Cac Cormelles | | 186 | 12,7 | 924 |
| 608 | SASSIER Sylvie | 47'13" | V1F / 62 | | | | 13 | 12,7 | 1048 |
| 609 | MORELLON Didier | 47'15" | SEM / 72 | | C.F.A.I. | | 275 | 12,7 | 754 |
| 610 | MORIN Christian | 47'15" | V2M / 49 | B-N / 014 | Lc Bretteville Sur Odon | 313444 | 70 | 12,7 | 260 |
| 611 | DESCHAMPS Francois | 47'16" | SEM / 75 | | | | 276 | 12,7 | 1028 |
| 612 | EDDE Jean-pierre | 47'17" | V1M / 62 | | | T203019 | 187 | 12,7 | 69 |
| 613 | FOHRER Christophe | 47'17" | SEM / 74 | | | | 277 | 12,7 | 1067 |
| 614 | MATHERN Jean Jacques | 47'18" | V2M / 48 | B-N / 014 | Riva Courir | 193750 | 71 | 12,7 | 474 |
| 615 | LEMAIRE Thomas | 47'19" | ESM / 82 | | | | 19 | 12,7 | 141 |
| 616 | BARRET Salvy | 47'21" | V2M / 54 | | ASN Banque Populaire | | 72 | 12,7 | 888 |
| 617 | COGNE Nadia | 47'23" | SEF / 70 | | | | 23 | 12,7 | 709 |
| 618 | MARIE Philippe | 47'24" | V1M / 56 | | MUTI | | 188 | 12,7 | 626 |
| 619 | MINART Jean-marc | 47'25" | V1M / 64 | | | | 189 | 12,7 | 710 |
| 620 | FERON Jean-pierre | 47'26" | V2M / 50 | | | | 73 | 12,6 | 507 |
| 621 | TILLARD Loïc | 47'27" | SEM / 73 | | | | 278 | 12,6 | 56 |
| 622 | TRETON Michel | 47'28" | V2M / 49 | B-N / 014 | Psa Peugeot Cac Cormelles | 245714 | 74 | 12,6 | 209 |
| 623 | LEROUX Eric | 47'29" | SEM / 69 | | A.S.C.H.U.Caen | | 279 | 12,6 | 723 |
| 624 | BRODIN Didier | 47'30" | V1M / 65 | | | | 190 | 12,6 | 478 |
| 625 | LANGLOIS Francois | 47'31" | SEM / 66 | | | | 280 | 12,6 | 477 |
| 626 | PATRIX Gilbert | 47'33" | V1M / 56 | B-N / 014 | Lc Bretteville Sur Odon | 109241 | 191 | 12,6 | 265 |
| 627 | LANGLOIS Delphine | 47'34" | SEF / 71 | | A.S.C.H.U.Caen | | 24 | 12,6 | 716 |
| 628 | LAGADEC Christian | 47'34" | V1M / 61 | | | | 192 | 12,6 | 393 |
| 629 | EDDE Nathalie | 47'36" | SEF / 68 | | | | 25 | 12,6 | 186 |
| 630 | LE Luan | 47'36" | SEM / 68 | | Philips Caen | | 281 | 12,6 | 1004 |
| 631 | LEPARQUIER Jacky | 47'40" | V1M / 58 | | | | 193 | 12,6 | 274 |
| 632 | LEFEVRE Jean-claude | 47'42" | V1M / 64 | | | | 194 | 12,6 | 313 |
| 633 | HELBERT Benjamin | 47'44" | ESM / 85 | B-N / 014 | Ca Lisieux | 401261 | 20 | 12,6 | 689 |
| 634 | MORIZET Stephane | 47'45" | SEM / 71 | | | | 282 | 12,6 | 424 |
| 635 | GETIN Nicolas | 47'46" | SEM / 70 | | | | 283 | 12,6 | 1064 |
| 636 | OSMONT Yves | 47'46" | V1M / 58 | | | | 195 | 12,6 | 276 |
| 637 | CHAUVIN Dominique | 47'47" | V1M / 58 | | A.S.P.T.T.CAEN | | 196 | 12,6 | 679 |
| 638 | LE BARRIERE Marc | 47'47" | V2M / 51 | | MUTI | | 75 | 12,6 | 634 |
| 639 | HANCHIN Martine | 47'48" | V1F / 61 | B-N / 014 | Psa Peugeot Cac Cormelles | | 14 | 12,6 | 927 |
| 640 | LOISEL Christophe | 47'49" | V1M / 58 | | MUTI | | 197 | 12,5 | 605 |
| 641 | LATINI Gilles | 47'49" | SEM / 67 | | MUTI | | 284 | 12,5 | 622 |
| 642 | LEFEVRE Armelle | 47'50" | V1F / 61 | | | | 15 | 12,5 | 53 |
| 643 | CAUMONT Damien | 47'50" | JUM / 86 | | | | 12 | 12,5 | 420 |
| 644 | LECLERC Patrick | 47'51" | SEM / 66 | | EFS Normandie | | 285 | 12,5 | 896 |
| 645 | LECROSNIER Annabelle | 47'52" | SEF / 78 | | | | 26 | 12,5 | 126 |
| 646 | LAMARE Nadine | 47'53" | V1F / 60 | | | | 16 | 12,5 | 295 |
| 647 | LASTELLE Joel | 47'53" | V1M / 63 | | | | 198 | 12,5 | 315 |
| 648 | CHABERT Yannick | 47'54" | SEM / 68 | | LIBERTE | | 286 | 12,5 | 1060 |

| | | | | | | | | | |
|-----|-------------------------|--------|----------|-----------|----------------------------|--------|-----|------|------|
| 649 | VALETTE Sarah | 47'55" | JUF / 87 | B-N / 014 | Caen Athletic Club | 551251 | 1 | 12,5 | 445 |
| 650 | FAVREL Serge | 47'56" | V2M / 55 | | MUTI | | 76 | 12,5 | 585 |
| 651 | DANILO Franck | 47'56" | SEM / 67 | | Ciment Calcio | | 287 | 12,5 | 323 |
| 652 | ROLLAND Stephane | 47'56" | SEM / 73 | | | | 288 | 12,5 | 831 |
| 653 | LEBOUEILLER Alain | 47'58" | V2M / 52 | | C.F.A.I. | | 77 | 12,5 | 747 |
| 654 | MAIGNAN Paul-andre | 47'58" | V1M / 58 | | | | 199 | 12,5 | 706 |
| 655 | GICQUEL Guillaume | 47'59" | SEM / 75 | | | | 289 | 12,5 | 1065 |
| 656 | LE DU Stephane | 48'00" | SEM / 74 | | | | 290 | 12,5 | 1066 |
| 657 | LECOEUR Tony | 48'01" | SEM / 70 | | STEN | | 291 | 12,5 | 932 |
| 658 | AUBREE Jean-luc | 48'01" | V2M / 52 | | | | 78 | 12,5 | 423 |
| 659 | BRUNET Florent | 48'03" | SEM / 68 | | | | 292 | 12,5 | 971 |
| 660 | FRERET Jean-pierre | 48'06" | SEM / 69 | | | | 293 | 12,5 | 409 |
| 661 | GRIN Jean-marc | 48'08" | V1M / 65 | | Pompier lfs | | 200 | 12,5 | 789 |
| 662 | LECUIR Andre | 48'08" | V2M / 49 | | | | 79 | 12,5 | 219 |
| 663 | GENESLAY Gerard | 48'08" | V2M / 50 | | | | 80 | 12,5 | 870 |
| 664 | HUBERT Philippe | 48'11" | V1M / 60 | | | | 201 | 12,5 | 63 |
| 665 | HAVEL Johnny | 48'12" | SEM / 69 | | | | 294 | 12,4 | 485 |
| 666 | GERMAIN Noémie | 48'14" | SEF / 80 | | | | 27 | 12,4 | 400 |
| 667 | GORAND Roger | 48'14" | V3M / 39 | | | | 9 | 12,4 | 472 |
| 668 | FAUVEL Fabien | 48'15" | SEM / 72 | | | | 295 | 12,4 | 834 |
| 669 | JAMBON Michel | 48'16" | V2M / 51 | B-N / 014 | Lc Bretteville Sur Odon | 568861 | 81 | 12,4 | 264 |
| 670 | LASSALLE Daniel | 48'17" | V2M / 49 | | | | 82 | 12,4 | 143 |
| 671 | OBLIN Jacques | 48'18" | V2M / 47 | | | | 83 | 12,4 | 447 |
| 672 | FOUCHER Jacky | 48'18" | V2M / 53 | | | | 84 | 12,4 | 308 |
| 673 | ALMY Nelly | 48'19" | V2F / 54 | | Courir A Mathieu | | 2 | 12,4 | 571 |
| 674 | LEROY Philippe | 48'19" | V1M / 62 | | A.S.C.H.U.Caen | | 202 | 12,4 | 527 |
| 675 | FESTOC Alain | 48'20" | V1M / 60 | | MUTI | | 203 | 12,4 | 654 |
| 676 | LIBOIS Bernard | 48'23" | V1M / 57 | | Twisto | | 204 | 12,4 | 945 |
| 677 | BAZIN Kilian | 48'23" | CAM / 87 | | | | 5 | 12,4 | 148 |
| 678 | HERMAN Vincent | 48'26" | CAM / 88 | | | | 6 | 12,4 | 430 |
| 679 | MARCHAND Veronique | 48'27" | V1F / 60 | | Philips Caen | | 17 | 12,4 | 990 |
| 680 | LOISEL Didier | 48'27" | V2M / 52 | | | | 85 | 12,4 | 604 |
| 681 | POULLENNEC Thierry | 48'28" | V2M / 54 | | Twisto | | 86 | 12,4 | 941 |
| 682 | RAULINE Emmanuel | 48'29" | SEM / 71 | | | | 296 | 12,4 | 1073 |
| 683 | GOUPIL Jacques | 48'29" | V2M / 55 | | Pompier Canada | | 87 | 12,4 | 767 |
| 684 | DE PAIX DE COEUR Gilles | 48'30" | V1M / 60 | | Pompier Couvrechef | | 205 | 12,4 | 777 |
| 685 | ORFEUIL Gaylor | 48'30" | SEM / 82 | | | | 297 | 12,4 | 977 |
| 686 | HERGALT Jerome | 48'33" | SEM / 82 | B-N / 014 | U.s.o Mondeville | 911141 | 298 | 12,4 | 976 |
| 687 | ABDOUL WAHABI Mohamadi | 48'34" | SEM / 70 | | | | 299 | 12,4 | 376 |
| 688 | HOUDUSSE Michel | 48'34" | V1M / 57 | | | | 206 | 12,4 | 1043 |
| 689 | VERROLLES Philippe | 48'34" | V1M / 58 | | Pompier Bayeux | | 207 | 12,4 | 769 |
| 690 | DELAMONTAGNE Patrick | 48'35" | SEM / 70 | | | | 300 | 12,3 | 429 |
| 691 | BELHACHE Nicolas | 48'35" | ESM / 85 | | EFS Normandie | | 21 | 12,3 | 899 |
| 692 | GARNIER Pascal | 48'37" | SEM / 67 | | | | 301 | 12,3 | 57 |
| 693 | PESTEL Raymond | 48'37" | V3M / 41 | B-N / 014 | Usc Mezidon | 516728 | 10 | 12,3 | 982 |
| 694 | BOUMARAF Christophe | 48'39" | SEM / 71 | B-N / 014 | Lc Bretteville Sur Odon | 700998 | 302 | 12,3 | 271 |
| 695 | LAMBERT Francois | 48'40" | V2M / 55 | | MUTI | | 88 | 12,3 | 617 |
| 696 | PIGNY Patrice | 48'40" | V2M / 51 | | | | 89 | 12,3 | 213 |
| 697 | BEAUFILS Claude | 48'41" | V3M / 42 | | Psa Peugeot Cac Cormelles | | 11 | 12,3 | 920 |
| 698 | GRIS Hubert | 48'41" | V1M / 62 | | | | 208 | 12,3 | 128 |
| 699 | CAHAGNIER Bruno | 48'43" | SEM / 65 | | | | 303 | 12,3 | 391 |
| 700 | DRAZIC Laurent | 48'43" | SEM / 70 | | | | 304 | 12,3 | 349 |
| 701 | LECOURT Sylvain | 48'44" | SEM / 65 | B-N / 014 | Lc Bretteville Sur Odon | 587507 | 305 | 12,3 | 263 |
| 702 | LECAT Robert | 48'44" | V3M / 39 | | | | 12 | 12,3 | 58 |
| 703 | ROSIN Carlo | 48'45" | V1M / 57 | | | | 209 | 12,3 | 151 |
| 704 | GILAIN Pascal | 48'47" | V1M / 63 | | MUTI | | 210 | 12,3 | 620 |
| 705 | FOSSEY Philippe | 48'48" | V1M / 56 | | A.S.P.T.T.CAEN | | 211 | 12,3 | 681 |
| 706 | POTIGNY Jerome | 48'51" | V1M / 65 | | | | 212 | 12,3 | 959 |
| 707 | GRANDJEAN Eric | 48'52" | V2M / 55 | | MUTI | | 90 | 12,3 | 575 |
| 708 | GENEVOIS Michel | 48'56" | V3M / 39 | B-N / 014 | U.s.o Mondeville | 356721 | 13 | 12,3 | 248 |
| 709 | LE STRAT Yohann | 48'57" | SEM / 71 | | | | 306 | 12,3 | 154 |
| 710 | SAMSON Laurent | 48'58" | SEM / 69 | | | | 307 | 12,3 | 73 |
| 711 | PETIT Laurent | 48'58" | SEM / 67 | B-N / 014 | Running Club Cote De Nacre | | 308 | 12,3 | 975 |
| 712 | BLANCHARD Gilles | 48'59" | V2M / 54 | | | | 91 | 12,2 | 145 |
| 713 | CAILLERE Martine | 49'00" | V1F / 58 | | | | 18 | 12,2 | 865 |
| 714 | TESSIER Philippe | 49'03" | V1M / 60 | | | | 213 | 12,2 | 310 |

| | | | | | | | | |
|-----|------------------------|--------|-------------|--------------------------------------|---------|-----|------|------|
| 715 | SENTILLY Didier | 49'07" | V1M / 61 | MUTI | | 214 | 12,2 | 613 |
| 716 | GRIFFONNET Thierry | 49'07" | V1M / 63 | EFS Normandie | | 215 | 12,2 | 895 |
| 717 | LOQUET Dominique | 49'08" | V1M / 64 | MUTI | | 216 | 12,2 | 619 |
| 718 | GUERIN Roger | 49'08" | V2M / 49 | RT Pole Peinture | | 92 | 12,2 | 195 |
| 719 | ALFRED Dominique | 49'11" | SEM / 76 | RT Pole Peinture | | 309 | 12,2 | 202 |
| 720 | VALOGNES Caroline | 49'11" | SEF / 72 | | | 28 | 12,2 | 236 |
| 721 | DUMENIL Gilles | 49'12" | V1M / 62 | EDF-GDF | | 217 | 12,2 | 543 |
| 722 | HEBERT Jean-bernard | 49'14" | V2M / 52 | | | 93 | 12,2 | 492 |
| 723 | HAMARD Christophe | 49'16" | SEM / 68 | Memorial De Caen | | 310 | 12,2 | 413 |
| 724 | HAMARD Loic | 49'17" | SEM / 66 | Twisto | | 311 | 12,2 | 949 |
| 725 | BELHACHE Yannick | 49'18" | V1M / 59 | EFS Normandie | | 218 | 12,2 | 898 |
| 726 | JOLY Francis | 49'19" | SEM / 68 | | | 312 | 12,2 | 298 |
| 727 | PRINGAULT Jean-pierre | 49'20" | V1M / 57 | ASN Banque Populaire | | 219 | 12,2 | 887 |
| 728 | VALLEDOR Vincent | 49'20" | V1M / 61 | | | 220 | 12,2 | 419 |
| 729 | DROUET Renan | 49'24" | SEM / 79 | | | 313 | 12,1 | 458 |
| 730 | LERONDEL Christophe | 49'24" | SEM / 67 | | | 314 | 12,1 | 418 |
| 731 | LOREL Franck | 49'27" | SEM / 70 | | | 315 | 12,1 | 985 |
| 732 | PEIGNE Pierre | 49'28" | V2M / 48 | EFS Normandie | | 94 | 12,1 | 902 |
| 733 | JAMES François | 49'28" | V2M / 51 | Association Running 14 | | 95 | 12,1 | 399 |
| 734 | ROY Nicolas | 49'30" | SEM / 70 | | | 316 | 12,1 | 334 |
| 735 | HERVE Frederic | | SEM / 70 | | | 317 | | 704 |
| 736 | CANU Patrice | 49'32" | SEM / 66 | | | 318 | 12,1 | 407 |
| 737 | LOOCK Serge | 49'33" | V3M / 45 | | | 14 | 12,1 | 594 |
| 738 | CASTELIN Jean-claude | 49'33" | V2M / 47 | | T207077 | 96 | 12,1 | 371 |
| 739 | LECOQ Arnaud | 49'34" | SEM / 75 | | | 319 | 12,1 | 207 |
| 740 | CACHARD Gwenael | 49'36" | SEM / 77 | | | 320 | 12,1 | 412 |
| 741 | DESCOTTES Sandrine | 49'38" | SEF / 69 | | | 29 | 12,1 | 330 |
| 742 | SUTHERLAND Marilyne | 49'40" | SEF / 68 | B-N / 014 Running Club Cote De Nacre | 125852 | 30 | 12,1 | 835 |
| 743 | BLONDEL Vincent | 49'41" | SEM / 76 | | | 321 | 12,1 | 370 |
| 744 | PERROTTE Serge | 49'42" | V3M / 44 | | | 15 | 12,1 | 379 |
| 745 | DELEGLISSE Cedric | 49'44" | SEM / 82 | | | 322 | 12,1 | 963 |
| 746 | PARIS Jacqueline | 49'45" | qi V2F / 52 | B-N / 014 Sc Herouville Athletisme | 705840 | 3 | 12,1 | 523 |
| 747 | VAUTIER Pascal | 49'49" | V1M / 62 | | | 221 | 12,0 | 318 |
| 748 | MARGUERITE Joel | 49'50" | V2M / 53 | MUTI | | 97 | 12,0 | 611 |
| 749 | COTIGNY Eric | 49'52" | V1M / 64 | Conseil Régional B-N | | 222 | 12,0 | 108 |
| 750 | LECOMTE Laurent | 49'53" | SEM / 65 | | | 323 | 12,0 | 380 |
| 751 | HALOCHE Fabien | 49'54" | SEM / 68 | | | 324 | 12,0 | 381 |
| 752 | HULOT Pierre-alain | 49'54" | SEM / 68 | MUTI | | 325 | 12,0 | 656 |
| 753 | HONNIER Michel | 49'55" | V2M / 53 | | | 98 | 12,0 | 517 |
| 754 | ROUX Pascal | 49'55" | SEM / 81 | Pompier Canada | | 326 | 12,0 | 954 |
| 755 | LECOEUR Remy | 49'56" | V2M / 52 | Caisse D'epargne B-N | | 99 | 12,0 | 663 |
| 756 | JOUANNEAU Stephanie | 49'57" | SEF / 74 | | | 31 | 12,0 | 135 |
| 757 | Gaignon Elodie | 49'58" | ESF / 84 | Pompier Canada | | 1 | 12,0 | 739 |
| 758 | LESAGE Jean-marie | 49'59" | V2M / 48 | | | 100 | 12,0 | 841 |
| 759 | LEFEVRE Bruno | 50'01" | V1M / 60 | | | 223 | 12,0 | 532 |
| 760 | MAHAUT Jerome | 50'02" | V1M / 64 | | | 224 | 12,0 | 422 |
| 761 | LAUNEY Patrick | 50'02" | V2M / 53 | | | 101 | 12,0 | 404 |
| 762 | DALLEMAGNE Patrick | 50'03" | V1M / 60 | | | 225 | 12,0 | 172 |
| 763 | LEBAILLY Patrice | 50'04" | V2M / 47 | EDF-GDF | T120469 | 102 | 12,0 | 549 |
| 764 | GREGOIRE Christophe | 50'05" | SEM / 75 | Pompier Canada | | 327 | 12,0 | 809 |
| 765 | DUPONT Bernadette | 50'06" | V1F / 58 | | | 19 | 12,0 | 336 |
| 766 | GAUTIER Serge | 50'08" | V2M / 53 | B-N / 014 Psa Peugeot Cac Cormelles | | 103 | 12,0 | 905 |
| 767 | MOREA Stephane | 50'12" | V1M / 59 | LIBERTE | | 226 | 12,0 | 1057 |
| 768 | COUILLARD Gerard | 50'13" | V2M / 50 | LIBERTE | | 104 | 11,9 | 1056 |
| 769 | LONGUET Jean-paul | 50'14" | V2M / 48 | EDF-GDF | T120474 | 105 | 11,9 | 546 |
| 770 | ROZIK Daniel | 50'17" | V2M / 54 | | | 106 | 11,9 | 426 |
| 771 | DIAVET Christian | 50'17" | V1M / 56 | | T206218 | 227 | 11,9 | 1033 |
| 772 | CHENET Didier | 50'21" | V2M / 52 | | | 107 | 11,9 | 277 |
| 773 | CHENET Guillaume | 50'24" | SEM / 78 | | | 328 | 11,9 | 245 |
| 774 | MARTIN Sophie | 50'25" | V1F / 64 | | | 20 | 11,9 | 60 |
| 775 | LE MAILLIER Jean-louis | 50'26" | V2M / 48 | | | 108 | 11,9 | 142 |
| 776 | MARIE Gerard | 50'26" | V2M / 55 | B-N / 014 Lc Bretteville Sur Odon | 564890 | 109 | 11,9 | 566 |
| 777 | ANQUETIL Vincent | 50'27" | SEM / 82 | | | 329 | 11,9 | 1049 |
| 778 | LEFEVRE Jerome | 50'27" | V1M / 62 | EFS Normandie | | 228 | 11,9 | 901 |
| 779 | LE MASQUERIER Philippe | 50'28" | V1M / 55 | | | 229 | 11,9 | 214 |
| 780 | LE DLUZ Yann | 50'29" | SEM / 68 | | | 330 | 11,9 | 1050 |

| | | | | | | | | |
|-----|------------------------|--------|----------|---|---------|-----|------|------|
| 781 | FESTOC Edouard | 50'31" | JUM / 87 | MUTI | | 13 | 11,9 | 610 |
| 782 | LOIR Brigitte | 50'34" | SEF / 71 | | | 32 | 11,9 | 291 |
| 783 | AMAL David | 50'35" | SEM / 75 | | | 331 | 11,9 | 241 |
| 784 | PLAINFOSSE Candice | 50'38" | SEF / 77 | EFS Normandie | | 33 | 11,8 | 903 |
| 785 | GALLIER Jeanine | 50'39" | V3F / 41 | MUTI | | 1 | 11,8 | 628 |
| 786 | LE ROLLAND Michelle | 50'42" | V1F / 57 | A.S.C.H.U.Caen | | 21 | 11,8 | 715 |
| 787 | HETTINGIER Jacques | 50'43" | V3M / 39 | A.S.C.H.U.Caen | | 16 | 11,8 | 641 |
| 788 | DUVAL Michel | 50'44" | V1M / 59 | Pompier Argences | | 230 | 11,8 | 803 |
| 789 | FROGER Caroline | 50'45" | SEF / 70 | A.S.C.H.U.Caen | | 34 | 11,8 | 732 |
| 790 | LELONG Anne-catherine | 50'45" | V2F / 52 | | | 4 | 11,8 | 1081 |
| 791 | DESHAYES Marc | 50'48" | V1M / 55 | | | 231 | 11,8 | 129 |
| 792 | MAUGER Ludovic | 50'49" | SEM / 69 | | | 332 | 11,8 | 460 |
| 793 | EVENO Adrien | 50'49" | V3M / 42 | | | 17 | 11,8 | 501 |
| 794 | BRILLET Fabien | 50'49" | SEM / 78 | Association Running 14 | | 333 | 11,8 | 397 |
| 795 | QUENOULT Jean-pierre | 50'49" | V1M / 57 | | | 232 | 11,8 | 348 |
| 796 | LEMESNAGER Alain | 50'50" | V1M / 62 | ASN Banque Populaire | | 233 | 11,8 | 889 |
| 797 | SEIGNEURIE Jacqueline | 50'50" | V1F / 59 | B-N / 014 Psa Peugeot Cac Cormelles | 481410 | 22 | 11,8 | 916 |
| 798 | BONNET Jean-luc | 50'51" | SEM / 67 | Pompier Bayeux | | 334 | 11,8 | 772 |
| 799 | TREMBLOT Christophe | 50'52" | V1M / 56 | | | 234 | 11,8 | 974 |
| 800 | SELLAMINE Selmi | 50'54" | V1M / 61 | | | 235 | 11,8 | 779 |
| 801 | HELIE Guillaume | 50'55" | SEM / 72 | | | 335 | 11,8 | 469 |
| 802 | AUBERT Christian | 50'56" | SEM / 68 | | | 336 | 11,8 | 518 |
| 803 | SAVARY Eric | 50'57" | SEM / 70 | MUTI | | 337 | 11,8 | 653 |
| 804 | POUSSIN Herve | 51'01" | V1M / 56 | B-N / 050 C. D'athletisme Conde-torigni | 356780 | 236 | 11,8 | 184 |
| 805 | ROUSSEL Chantal | 51'02" | V1F / 64 | B-N / 050 Aco Sourdeval | | 23 | 11,8 | 815 |
| 806 | LE ROLLAND Francois | 51'02" | V2M / 55 | A.S.C.H.U.Caen | | 110 | 11,8 | 720 |
| 807 | CHARLES Hubert | 51'05" | V2M / 49 | | | 111 | 11,7 | 286 |
| 808 | CHANCE Annie | 51'07" | V1F / 64 | A.S.C.H.U.Caen | | 24 | 11,7 | 734 |
| 809 | ARDAENS Rodolphe | 51'07" | SEM / 69 | | | 338 | 11,7 | 1000 |
| 810 | HOULLIER Chantal | 51'07" | V2F / 51 | A.S.C.H.U.Caen | | 5 | 11,7 | 730 |
| 811 | BRETON Francis | 51'08" | V1M / 61 | | | 237 | 11,7 | 91 |
| 812 | DALIBERT Anne-marie | 51'09" | V1F / 60 | A.S.C.H.U.Caen | | 25 | 11,7 | 735 |
| 813 | DOIGNIE Loic | 51'11" | ESM / 83 | | | 22 | 11,7 | 961 |
| 814 | FARCENI Christophe | 51'11" | SEM / 67 | Twisto | | 339 | 11,7 | 943 |
| 815 | LEBOUILLER Laurent | 51'11" | SEM / 71 | | | 340 | 11,7 | 1079 |
| 816 | JODET Pascal | 51'12" | SEM / 69 | MUTI | | 341 | 11,7 | 655 |
| 817 | ARNOUX Christiane | 51'12" | V1F / 61 | EDF-GDF | T206615 | 26 | 11,7 | 544 |
| 818 | CALVEZ Monique | 51'19" | V2F / 54 | A.S.C.H.U.Caen | | 6 | 11,7 | 733 |
| 819 | CAPPE Alain | 51'22" | SEM / 66 | | | 342 | 11,7 | 843 |
| 820 | HEURTEL Emmanuel | 51'23" | SEM / 71 | Pompier Canada | | 343 | 11,7 | 798 |
| 821 | CASTEL Sebastien | 51'24" | SEM / 72 | | | 344 | 11,7 | 970 |
| 822 | EUZENNE Jocelyn | 51'24" | V1M / 60 | | | 238 | 11,7 | 140 |
| 823 | GUELLE Jean-pierre | 51'25" | V1M / 58 | STEN | | 239 | 11,7 | 933 |
| 824 | HUBERT Olivier | 51'28" | V1M / 63 | | | 240 | 11,7 | 64 |
| 825 | BROUZES Aicha | 51'32" | V1F / 56 | | | 27 | 11,6 | 316 |
| 826 | JAMINION Frederic | 51'33" | SEM / 69 | | | 345 | 11,6 | 283 |
| 827 | PROCH Daniel | 51'34" | V2M / 54 | C.F.A.I. | | 112 | 11,6 | 765 |
| 828 | GROULT Rene | 51'35" | V2M / 54 | C.F.A.I. | | 113 | 11,6 | 761 |
| 829 | BAZIRE Denis | 51'36" | V2M / 54 | | | 114 | 11,6 | 697 |
| 830 | LEFEUVRE Jean-claude | 51'36" | V3M / 43 | | | 18 | 11,6 | 185 |
| 831 | MAUDUIT Gerard | 51'37" | V3M / 42 | | | 19 | 11,6 | 71 |
| 832 | HUE Benoit | 51'38" | SEM / 69 | | | 346 | 11,6 | 640 |
| 833 | BOULLOT Myriam | 51'39" | SEF / 67 | | | 35 | 11,6 | 504 |
| 834 | VANNIER Yannick | 51'42" | SEM / 73 | | | 347 | 11,6 | 155 |
| 835 | DUVAL Marylene | 51'43" | V1F / 56 | B-N / 014 Lc Bretteville Sur Odon | 715161 | 28 | 11,6 | 259 |
| 836 | KAWULA Michel | 51'44" | V1M / 56 | | | 241 | 11,6 | 542 |
| 837 | AUBLET Peggy | 51'55" | SEF / 75 | B-N / 014 Stade Athletique Bayeusain | 413791 | 36 | 11,6 | 858 |
| 838 | MAGDELEINE Jean-pierre | 51'55" | V1M / 55 | | | 242 | 11,6 | 176 |
| 839 | POYER Michel | 51'57" | V2M / 54 | C.F.A.I. | | 115 | 11,5 | 750 |
| 840 | DEVIN Catherine | 52'02" | V1F / 61 | | | 29 | 11,5 | 98 |
| 841 | SEBIRE Gilles | 52'08" | SEM / 65 | | | 348 | 11,5 | 162 |
| 842 | VARDON Vincent | 52'09" | SEM / 73 | | | 349 | 11,5 | 395 |
| 843 | VERCRUYSSSE Philippe | 52'13" | SEM / 72 | | | 350 | 11,5 | 417 |
| 844 | VIEL Joelle | 52'16" | V2F / 54 | | | 7 | 11,5 | 1083 |
| 845 | BUISSON Fabrice | 52'17" | SEM / 68 | | | 351 | 11,5 | 840 |
| 846 | BALLOT Jean Marc | 52'17" | V1M / 65 | LIBERTE | | 243 | 11,5 | 1058 |

| | | | | | | | | | |
|-----|---------------------------|--------|----------|-----------|---------------------------|--------|------|------|-----|
| 847 | CHRISTOPHE Christiane | 52'20" | V2F / 46 | B-N / 014 | Psa Peugeot Cac Cormelles | 8 | 11,5 | 919 | |
| 848 | GUESDON Alain | 52'21" | V2M / 48 | B-N / 014 | Psa Peugeot Cac Cormelles | 116 | 11,5 | 915 | |
| 849 | SAILLET Hubert | 52'23" | V1M / 56 | B-N / 014 | | 244 | 11,5 | 1086 | |
| 850 | LE COMTE Pascal | 52'26" | V1M / 62 | | | 245 | 11,4 | 127 | |
| 851 | DEVIN Gilles | 52'27" | V1M / 55 | | | 246 | 11,4 | 99 | |
| 852 | BARBEAU Francois | 52'28" | V1M / 59 | | | 247 | 11,4 | 443 | |
| 853 | AUBRY Philippe | 52'37" | V1M / 62 | | T207570 | 248 | 11,4 | 1036 | |
| 854 | FERSZTEROWSKI Odile | 52'41" | SEF / 66 | | | 37 | 11,4 | 357 | |
| 855 | MARIE Francois | 52'44" | SEM / 67 | | Memorial De Caen | 352 | 11,4 | 414 | |
| 856 | VAUCAN Herve | 52'45" | V1M / 59 | | | 249 | 11,4 | 432 | |
| 857 | CREANCE Jean-pierre | 52'45" | V2M / 51 | | A.S.C.H.U.Caen | 117 | 11,4 | 727 | |
| 858 | BRUNET Monique | 52'48" | V1F / 56 | | | 30 | 11,4 | 368 | |
| 859 | MARC Jean-pascal | 52'50" | V1M / 56 | | MUTI | 250 | 11,4 | 577 | |
| 860 | KUTER Marylene | 52'52" | V2F / 55 | | MUTI | 9 | 11,3 | 649 | |
| 861 | DUMEZ Yannick | 52'53" | V1M / 64 | | RT Pole Peinture | 251 | 11,3 | 193 | |
| 862 | SONNET Jean-luc | 52'53" | SEM / 65 | | | 353 | 11,3 | 105 | |
| 863 | LE GAL Yvonnick | 52'54" | V3M / 36 | | T120470 | 20 | 11,3 | 442 | |
| 864 | CHAPET Johnny | 52'57" | ESM / 85 | | Pompier Argences | 23 | 11,3 | 806 | |
| 865 | LE CORR Julien | 52'58" | SEM / 78 | | | 354 | 11,3 | 304 | |
| 866 | BERTIN Isabelle | 52'58" | V1F / 64 | | | 31 | 11,3 | 991 | |
| 867 | DANIEL Dominique | 52'59" | V1F / 56 | B-N / 014 | Cl Colombelles | 557516 | 32 | 11,3 | 233 |
| 868 | SICOT Philippe | 53'03" | V1M / 59 | | | 252 | 11,3 | 981 | |
| 869 | HUREL Herve | 53'03" | V2M / 52 | | MUTI | 118 | 11,3 | 578 | |
| 870 | DESCHILDT Herve | 53'04" | SEM / 66 | | | 355 | 11,3 | 569 | |
| 871 | LAGOUGE Pascal | 53'05" | V1M / 57 | B-N / 014 | | 253 | 11,3 | 1087 | |
| 872 | LEFEVRE Catherine | 53'06" | V1M / 58 | | | 254 | 11,3 | 937 | |
| 873 | PINOSA Alain | 53'09" | V2M / 52 | | | 119 | 11,3 | 243 | |
| 874 | JAMES Pascal | 53'10" | V1M / 58 | | T200912 | 255 | 11,3 | 497 | |
| 875 | POUSSIN Patrick | 53'10" | V2M / 53 | | Caisse D'epargne B-N | 120 | 11,3 | 660 | |
| 876 | KMALOUCH Rose-marie | 53'11" | V1F / 57 | | | 33 | 11,3 | 868 | |
| 877 | LAMARE Didier | 53'13" | V1M / 60 | | | 256 | 11,3 | 296 | |
| 878 | ADAM David | 53'14" | SEM / 74 | | C.F.A.I. | 356 | 11,3 | 762 | |
| 879 | FOUQUE Herve | 53'19" | V2M / 53 | | | 121 | 11,3 | 966 | |
| 880 | PERRINIAUX Dominique | 53'24" | SEF / 66 | | | 38 | 11,2 | 863 | |
| 881 | RAULT Sylvie | 53'25" | SEF / 67 | | | 39 | 11,2 | 84 | |
| 882 | RAULT Olivier | 53'28" | SEM / 67 | | | 357 | 11,2 | 83 | |
| 883 | YGOUF Bruno | 53'33" | V1M / 57 | | | 257 | 11,2 | 503 | |
| 884 | LEMASSON Nadine | 53'41" | V1F / 60 | | | 34 | 11,2 | 439 | |
| 885 | GAWLIK Tadeusz | 53'41" | V2M / 45 | | | 122 | 11,2 | 410 | |
| 886 | MIROWICZ Carole | 53'47" | V2F / 53 | | | 10 | 11,2 | 394 | |
| 887 | VIEL Paul-andre | 53'50" | V2M / 50 | | | 123 | 11,1 | 1082 | |
| 888 | BESLON Jean-pierre | 53'53" | V2M / 54 | B-N / 014 | Psa Peugeot Cac Cormelles | 124 | 11,1 | 914 | |
| 889 | PINSAULT Aline | 53'56" | SEF / 71 | | | 40 | 11,1 | 958 | |
| 890 | LE DE OUDART Valerie | 53'57" | SEF / 74 | | | 41 | 11,1 | 149 | |
| 891 | ROYER Cyrille | 53'57" | SEM / 71 | | | 358 | 11,1 | 102 | |
| 892 | PETIT Helene | 53'58" | SEF / 72 | | | 42 | 11,1 | 703 | |
| 893 | FERRETTE Jean | 54'00" | V1M / 61 | | | 258 | 11,1 | 1076 | |
| 894 | LECARPENTIER Marie-claude | 54'01" | V1F / 55 | | | 35 | 11,1 | 157 | |
| 895 | MAUGER Claudine | 54'06" | V1F / 61 | | Conseil Régional B-N | 36 | 11,1 | 116 | |
| 896 | LEPELTIER Jerome | 54'13" | ESM / 82 | | | 24 | 11,1 | 342 | |
| 897 | SANSON Sebastien | 54'14" | SEM / 71 | | Philips Caen | 359 | 11,1 | 994 | |
| 898 | PANNIER Guillaume | 54'18" | V1M / 65 | | Philips Caen | 259 | 11,0 | 993 | |
| 899 | TOSTAIN Norbert | 54'19" | V2M / 50 | | | 125 | 11,0 | 1045 | |
| 900 | JULIEN Jerome | 54'19" | V1M / 60 | | | 260 | 11,0 | 284 | |
| 901 | FRIGOUT Gerard | 54'20" | V2M / 51 | | LIBERTE | 126 | 11,0 | 1061 | |
| 902 | SIMON Richard | 54'29" | SEM / 75 | | Caisse D'epargne B-N | 360 | 11,0 | 466 | |
| 903 | FONTAINE Jean-marc | 54'31" | V1M / 59 | | | 261 | 11,0 | 936 | |
| 904 | PALOT Philippe | 54'32" | V1M / 64 | | | 262 | 11,0 | 364 | |
| 905 | GAINON Natacha | 54'34" | SEF / 76 | | | 43 | 11,0 | 51 | |
| 906 | MARTIN Jeanine | 54'35" | V2F / 49 | | MUTI | 11 | 11,0 | 642 | |
| 907 | BRODIN-MARQUET Jocelyne | 54'38" | V2F / 54 | | | 12 | 11,0 | 486 | |
| 908 | BRODIN Didier | 54'40" | V1M / 58 | | | 263 | 11,0 | 487 | |
| 909 | CHENAY Olivier | 54'41" | SEM / 67 | | Pompier Bayeux | 361 | 11,0 | 768 | |
| 910 | DELORT Sylvie | 54'41" | V2F / 45 | | | 13 | 11,0 | 388 | |
| 911 | LE PUIL Pierre | 54'42" | V1M / 59 | | Seropa | 264 | 11,0 | 321 | |
| 912 | HOULLIER Brigitte | 54'45" | V1F / 56 | | A.S.C.H.U.Caen | 37 | 11,0 | 717 | |

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|-----|-------------------------|--------|----------|-----------------------------------|---------|-----|------|------|
| 913 | DELAHAYE Eric | 54'49" | V1M / 58 | | | 265 | 10,9 | 144 |
| 914 | EUZENNE Nathalie | 54'54" | V1F / 64 | | | 38 | 10,9 | 139 |
| 915 | LAMOTTE Bernard | 55'03" | V1M / 57 | LIBERTE | | 266 | 10,9 | 1055 |
| 916 | EICHENDORFF Georges | 55'05" | V1M / 61 | RT Pole Peinture | | 267 | 10,9 | 194 |
| 917 | CHARLES Xavier | 55'09" | CAM / 88 | | | 7 | 10,9 | 287 |
| 918 | MAILLARD Thierry | 55'11" | V1M / 63 | Caisse D'epargne B-N | | 268 | 10,9 | 662 |
| 919 | FAGUAIS Eliane | 55'18" | V1F / 57 | | | 39 | 10,8 | 712 |
| 920 | LEROY Philippe | 55'22" | SEM / 67 | | | 362 | 10,8 | 449 |
| 921 | MERITAN Jean-pierre | 55'27" | V2M / 52 | | | 127 | 10,8 | 448 |
| 922 | CHOUCARD Nathalie | 55'28" | SEF / 71 | | | 44 | 10,8 | 147 |
| 923 | GOMONT Philippe | 55'30" | SEM / 66 | | | 363 | 10,8 | 280 |
| 924 | HOCHARD Magali | 55'31" | SEF / 78 | Pompier Bayeux | | 45 | 10,8 | 960 |
| 925 | SOURD Claire | 55'32" | V1F / 56 | MUTI | | 40 | 10,8 | 621 |
| 926 | BORDET Remi | 55'39" | V1M / 64 | | | 269 | 10,8 | 673 |
| 927 | TALLEC Jean-philippe | 55'45" | V2M / 54 | | | 128 | 10,8 | 272 |
| 928 | LEFEVRE Jacques | 55'48" | V2M / 49 | | | 129 | 10,8 | 146 |
| 929 | DUDUIT Gael | 55'50" | SEF / 79 | | | 46 | 10,7 | 159 |
| 930 | RUSSEAU Muriel | 55'57" | V1F / 65 | MUTI | | 41 | 10,7 | 643 |
| 931 | MOULIN Olivia | 55'58" | SEF / 75 | MUTI | | 47 | 10,7 | 616 |
| 932 | DAVID Isabelle | 56'02" | V1F / 56 | | | 42 | 10,7 | 158 |
| 933 | DELASALLE David | 56'03" | ESM / 83 | | | 25 | 10,7 | 964 |
| 934 | DONPMARTIN Anne | 56'11" | V1F / 58 | | | 43 | 10,7 | 711 |
| 935 | DOSSMANN Antoine | 56'18" | ESM / 84 | Philips Caen | | 26 | 10,7 | 986 |
| 936 | HARDY Alain | 56'20" | V2M / 55 | MUTI | | 130 | 10,7 | 638 |
| 937 | SENTILLY Nathalie | 56'22" | V1F / 63 | MUTI | | 44 | 10,6 | 612 |
| 938 | AUMONT Xavier | 56'23" | V1M / 60 | | T120490 | 270 | 10,6 | 875 |
| 939 | RENOUARD Isabelle | 56'27" | SEF / 73 | | | 48 | 10,6 | 502 |
| 940 | GROUSSARD Elisabeth | 56'28" | V1F / 58 | B-N / 014 Riva Courir | 193748 | 45 | 10,6 | 849 |
| 941 | BELLOUVET Jean-paul | 56'29" | V1M / 60 | ASN Banque Populaire | | 271 | 10,6 | 884 |
| 942 | LEBARBIER Annick | 56'31" | V2F / 55 | A.S.C.H.U.Caen | | 14 | 10,6 | 731 |
| 943 | LEMONNIER Catherine | 56'35" | V1F / 61 | ASN Banque Populaire | | 46 | 10,6 | 891 |
| 944 | MUGEL-ALLAIN Monique | 56'40" | V2F / 51 | | | 15 | 10,6 | 701 |
| 945 | GILLOT Beatrice | 56'49" | V1F / 59 | B-N / 014 Lc Bretteville Sur Odon | 521373 | 47 | 10,6 | 262 |
| 946 | MAINNEMARE Maguy | 56'50" | V1F / 57 | B-N / 014 | | 48 | 10,6 | 929 |
| 947 | BUCHART Patricia | 56'54" | V1F / 61 | MUTI | | 49 | 10,5 | 584 |
| 948 | BUCHART Eric | 56'55" | V1M / 61 | MUTI | | 272 | 10,5 | 583 |
| 949 | MAUBERT Xavier | 57'04" | V1M / 64 | A.S.C.H.U.Caen | | 273 | 10,5 | 724 |
| 950 | BOULOUIARD Michel | 57'05" | V1M / 59 | | | 274 | 10,5 | 171 |
| 951 | GALLON Sylvie | 57'06" | SEF / 68 | | | 49 | 10,5 | 134 |
| 952 | ROBLIN Michele | 57'06" | V1F / 58 | | | 50 | 10,5 | 1078 |
| 953 | CATHERINE Chantal | 57'07" | V1F / 59 | | | 51 | 10,5 | 66 |
| 954 | BAZIN Alain | 57'10" | V2M / 48 | | | 131 | 10,5 | 402 |
| 955 | CREPEAU Chantal | 57'11" | V2F / 54 | MUTI | | 16 | 10,5 | 590 |
| 956 | LEVEQUE Dominique | 57'15" | SEF / 65 | | | 50 | 10,5 | 163 |
| 957 | HUREL Anne-marie | 57'15" | V1F / 56 | MUTI | | 52 | 10,5 | 579 |
| 958 | CHAUSSIN Raymond | 57'22" | V2M / 50 | | | 132 | 10,5 | 482 |
| 959 | BLED Pascal | 57'23" | SEM / 72 | STEN | | 364 | 10,5 | 934 |
| 960 | POSTYRNAK Françoise | 57'33" | V1F / 59 | | | 53 | 10,4 | 294 |
| 961 | GERARD Anne-laure | 57'34" | SEM / 79 | | | 365 | 10,4 | 306 |
| 962 | FOSSARD Muriel | 57'36" | V1F / 62 | | | 54 | 10,4 | 568 |
| 963 | LECLERE Francois | 57'36" | SEM / 72 | | | 366 | 10,4 | 361 |
| 964 | ROBERGE Corinne | 57'40" | V1F / 64 | | | 55 | 10,4 | 74 |
| 965 | ROBERGE Laurent | 57'44" | V1M / 63 | | | 275 | 10,4 | 75 |
| 966 | LENOBLE Morgan | 57'59" | JUM / 86 | Pompier Argences | | 14 | 10,3 | 805 |
| 967 | RONBANT Chantal | 58'04" | V1F / 58 | Caisse D'epargne B-N | | 56 | 10,3 | 657 |
| 968 | LOIR Isabelle | 58'05" | V1F / 59 | A.S.C.H.U.Caen | | 57 | 10,3 | 728 |
| 969 | CORNIER Evelyne | 58'11" | SEF / 68 | | | 51 | 10,3 | 1025 |
| 970 | LEGORJUS Françoise | 58'18" | V1F / 62 | | | 58 | 10,3 | 541 |
| 971 | POUSSIN Agnes | 58'21" | V2F / 54 | Caisse D'epargne B-N | | 17 | 10,3 | 664 |
| 972 | LE GOFF Valerie | 58'23" | SEF / 70 | | | 52 | 10,3 | 165 |
| 973 | LAVILLE Jeannine | 58'29" | V1M / 59 | Conseil Régional B-N | | 276 | 10,3 | 113 |
| 974 | PENSA Françoise | 58'35" | V2F / 48 | | | 18 | 10,2 | 303 |
| 975 | LEBAUDY Guy | 58'45" | V2M / 54 | MUTI | | 133 | 10,2 | 606 |
| 976 | COLOMBAT Philippe | 58'49" | V1M / 62 | | | 277 | 10,2 | 353 |
| 977 | NEEL Cyrille | 58'50" | ESM / 83 | | | 27 | 10,2 | 343 |
| 978 | SURIRAY Marie-françoise | 58'52" | V1F / 55 | | | 59 | 10,2 | 387 |

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|------|-----------------------|----------|----------|-----------|--------------------------|---------|-----|------|------|
| 979 | BELLONI Celine | 58'53" | SEF / 80 | | | | 53 | 10,2 | 246 |
| 980 | CHENEL-CADET Sophie | 58'53" | SEF / 72 | | | | 54 | 10,2 | 247 |
| 981 | TREVIDIC Kristell | 58'55" | SEF / 78 | | | | 55 | 10,2 | 411 |
| 982 | COEURET Anthony | 58'59" | JUM / 86 | | C.F.A.I. | | 15 | 10,2 | 979 |
| 983 | AUGE Françoise | 59'01" | SEF / 71 | | A.S.C.H.U.Caen | | 56 | 10,2 | 736 |
| 984 | DALLEMAGNE Marine | 59'08" | JUF / 85 | B-N / 014 | AI Aunay-villers | 134487 | 2 | 10,1 | 299 |
| 985 | DUHAZE Rachel | 59'09" | SEF / 69 | | | | 57 | 10,1 | 290 |
| 986 | ELIE Isabelle | 59'15" | SEF / 68 | | | | 58 | 10,1 | 563 |
| 987 | LEFILLASTRE Christian | 59'19" | V1M / 64 | B-N / 014 | Riva Courir | | 278 | 10,1 | 755 |
| 988 | AUDRA Sophie | 59'23" | SEF / 69 | | MUTI | | 59 | 10,1 | 644 |
| 989 | VAUTIER Françoise | 59'27" | V1F / 64 | | | | 60 | 10,1 | 319 |
| 990 | FOUCHER Chantal | 59'31" | V1F / 60 | | | | 61 | 10,1 | 309 |
| 991 | PAUCAMPRE Chantal | 59'31" | V2F / 51 | | MUTI | | 19 | 10,1 | 652 |
| 992 | HENRI Christine | 59'31" | SEF / 67 | | Conseil Général Calvados | | 60 | 10,1 | 191 |
| 993 | MOULIN Martine | 59'35" | V1F / 56 | | Conseil Général Calvados | | 62 | 10,1 | 189 |
| 994 | ROBERT Brigitte | 59'35" | V1F / 56 | | | T207158 | 63 | 10,1 | 104 |
| 995 | GAUDARD Franck | 59'35" | SEM / 66 | | Pompier Bayeux | | 367 | 10,1 | 771 |
| 996 | ANIOT Françoise | 59'38" | V1F / 63 | | | | 64 | 10,1 | 525 |
| 997 | MAILLARD Anne-camille | 59'41" | V1F / 65 | | | | 65 | 10,1 | 876 |
| 998 | FOUQUE Christiane | 59'59" | V1F / 59 | | | | 66 | 10,0 | 965 |
| 999 | MONIER Christian | 1h00'05" | V1M / 59 | | | | 279 | 10,0 | 1035 |
| 1000 | SONNET Isabelle | 1h00'06" | V1F / 62 | | | T120481 | 67 | 10,0 | 793 |
| 1001 | CAUCHARD Chantal | 1h00'15" | V1F / 61 | | | | 68 | 10,0 | 137 |
| 1002 | CAUCHARD Alain | 1h00'51" | V1M / 63 | | | | 280 | 9,9 | 136 |
| 1003 | CHAUCHARD Christian | 1h01'01" | V1M / 58 | | | | 281 | 9,8 | 691 |
| 1004 | GRANDJEAN Claudie | 1h01'07" | V1F / 59 | | MUTI | | 69 | 9,8 | 574 |
| 1005 | HANNOT Virginie | 1h01'08" | SEF / 76 | B-N / 050 | As Tourlaville | 283622 | 61 | 9,8 | 43 |
| 1006 | BALLOT Laurence | 1h01'08" | SEF / 66 | | LIBERTE | | 62 | 9,8 | 1059 |
| 1007 | CLAIRET Marcel | 1h01'10" | V2M / 51 | | LIBERTE | | 134 | 9,8 | 1052 |
| 1008 | CARDET Catherine | 1h01'14" | SEF / 66 | | | | 63 | 9,8 | 92 |
| 1009 | PITTOIS Josiane | 1h01'15" | V2F / 50 | B-N / 014 | | | 20 | 9,8 | 930 |
| 1010 | BAUDRY Aline | 1h01'28" | V1F / 61 | | Conseil Régional B-N | | 70 | 9,8 | 106 |
| 1011 | BELLOUVET Patricia | 1h01'58" | V1F / 61 | | ASN Banque Populaire | | 71 | 9,7 | 885 |
| 1012 | LECAPITAINE Sylvie | 1h02'01" | V1F / 59 | | | | 72 | 9,7 | 955 |
| 1013 | LECLERC Elisabeth | 1h02'15" | V2F / 55 | | A.S.C.H.U.Caen | | 21 | 9,6 | 729 |
| 1014 | CATHERINE Caroline | 1h02'37" | SEF / 80 | | | | 64 | 9,6 | 435 |
| 1015 | GRONDIN Frederic | 1h02'50" | ESM / 82 | | | | 28 | 9,5 | 436 |
| 1016 | LETHEULE Muriel | 1h02'55" | V1F / 63 | | | | 73 | 9,5 | 693 |
| 1017 | LE CUNFF Clara | 1h03'19" | V1F / 63 | | | | 74 | 9,5 | 340 |
| 1018 | LE CUNFF Christian | 1h03'41" | V1M / 55 | | | | 282 | 9,4 | 341 |
| 1019 | LE TREUT Sophie | 1h03'41" | V1F / 62 | | Conseil Régional B-N | | 75 | 9,4 | 115 |
| 1020 | BRION Nathalie | 1h03'44" | V1F / 65 | | | | 76 | 9,4 | 462 |
| 1021 | LEVEQUE Evelyne | 1h04'10" | V1F / 63 | | | | 77 | 9,4 | 359 |
| 1022 | DELIQUAIRE Herve | 1h05'38" | V1M / 60 | | | | 283 | 9,1 | 215 |
| 1023 | GRIVEL Jean-luc | 1h07'26" | SEM / 81 | | C.F.A.I. | | 368 | 8,9 | 764 |
| 1024 | ORTUNO Alain | 1h07'39" | V1M / 61 | | LIBERTE | | 284 | 8,9 | 1053 |
| 1025 | HUE Claire | 1h10'55" | SEF / 66 | | | | 65 | 8,5 | 433 |
| 1026 | FONTAINE Nathalie | 1h11'01" | SEF / 67 | | Conseil Régional B-N | | 66 | 8,4 | 110 |
| 1027 | LEROY Sylvie | 1h13'44" | SEF / 73 | | | | 67 | 8,1 | 1030 |

Nb de résultats : 1027 (856 hommes, 171 femmes)